

Track Relay Form

Return this form via email to the meet Director or hand it in during onsite registration

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This form is to be completed by the Head Coach from each team. Refer to the Relay Points matrix. Include Relay Team name(s), if applicable. Please put names in race order.

Athletes do not need to qualify as a team but all members of the relay team must meet the standard for the distance they are running per the ATFUSA standards for age and class. For team relays, 3 of the 4 members of the relay team must be from the same team. The 4th member of the relay team may be an independent or may be from another team. For independent relays, 3 of the 4 members of the relay team must be from the same region: East, Central, or West. The 4th member of the relay team may come from a team or another region. Independent relays do not earn team points for team awards.

Each athlete may enter no more than 2 relays and may not run the identical relay (ie: same gender, distance, point value) twice.

The Universal 4 x 100m Relay must consist of 2 male and 2 female athletes with a maximum of 2 athletes from the following Sports Classes: T13, T46/47, T38, T54. The remaining athletes must be: T11-12, T42-45, T61-64, T35-37, T51-53. The running order must be:

First Leg T11-13 Second Leg T42 – 47, T61 - 64

Third Leg T35 -38

Fourth Leg T33 - 34, T51-54

POINT SYSTEM FOR RELAYS

Wheelchair Classes

Age Category	Classification						
	T33	T34					
	T51/52	T53	T54				
U11	1	2	3				
U14	2	4	6				
U17	3	6	9				
U20/U23	4	8	12				

Ambulatory Classes

	Classification						
			T11	T12/13			
Λαο				T20			
Age Category	T31*/ 32*/35		T37/38				
	T40/41	T42	T43/44	T45/46/47			
			T61/62/63/64				
U11	1	2	3	4			
U14	2	4	6	8			
U17	3	6	9	12			
U20/U23	4	8	12	16			

*If a T31 or a T32 athlete is in your relay, this athlete must run the final leg of the relay.	

Team Name:					Coach	n:		
Relay 1: □Male □Fem	ale □Mix	ed Gendei	r	/	□Wh	eelchair	$\square Ambulatory$	□Universal
4 x 100m	□10 pt.	□20 pt.	□30 pt.	□40 pt.	□50 pt.	□Unive	ersal	
4 x 400m	□30 pt.	□40 pt.	□50 pt.					
800m Medley	□30 pt.	□40 pt.	□50 pt.					

Athlete Name	Class	Age Division	Gender	Points
			TOTAL POINTS	

Relay 2: □Male □Female □Mixed Gender				/	□v	/heelchair □Ambula	atory □Universal	
4 x 100m	□10 pt.	□20 pt.	□30 pt.	□40 pt.	□50 р	t. □Universal		
4 x 400m	□30 pt.	□40 pt.	□50 pt.					
800m Medley	□30 pt.	□40 pt.	□50 pt.					
Athlete Name				Class		Age Division	Gender	Points
							TOTAL POINTS	
Relay 3: □Male □Fem	ale □Mix	ed Gender	-	/	□v	/heelchair □Ambula	atory □Universal	
4 x 100m	□10 pt.	□20 pt.	□30 pt.	□40 pt.	□50 p	t. □Universal		
4 x 400m	□30 pt.	□40 pt.	□50 pt.					
800m Medley	□30 pt.	□40 pt.	□50 pt.					
Athlete Name				Class		Age Division	Gender	Points
							TOTAL POINTS	
Relay 4: □Male □Fem	ale □Mix	ed Gender		/	□v	/heelchair □Ambula	atory □Universal	
4 x 100m	□10 pt.	□20 pt.	□30 pt.	□40 pt.	□50 р	t. □Universal		
4 x 400m	□30 pt.	□40 pt.	□50 pt.					
800m Medley	□30 pt.	□40 pt.	□50 pt.					
Athlete Name				Class		Age Division	Gender	Points
							TOTAL POINTS	