

# ATFUSA 2019 Junior Nationals Track Qualifying Standards "B"

**105%**

U23 Male	U20 Male	U17 Male	U14 Male	U11 Male	Class/Event			U23 Female	U20 Female	U17 Female	U14 Female	U11 Female
				00:47	T31	20 Meters	T31					01:03
				00:32	T32	20 Meters	T32					00:37
				00:21	T33	20 Meters	T33					00:32
				00:09	T35	20 Meters	T35					00:12
				00:09	T35a	20 Meters	T35a					00:12
				00:07	T36	20 Meters	T36					00:11
				00:11	T40	20 Meters	T40					00:12
				00:11	T41	20 Meters	T41					00:12
				00:22	T11	60 Meters	T11					00:25
				00:19	T12	60 Meters	T12					00:22
				00:19	T13	60 Meters	T13					00:22
			00:17	00:19	T20	60 Meters	T20				00:20	00:22
			00:52	00:58	T31	60 Meters	T31				00:57	01:03
			01:17	01:24	T32	60 Meters	T32				01:26	01:35
			00:37	00:41	T33	60 Meters	T33				00:43	00:47
			00:29	00:31	T34	60 Meters	T34				00:32	00:35
			00:21	00:23	T35	60 Meters	T35				00:29	00:32
				00:27	T35a	60 Meters	T35a					00:32
			00:19	00:21	T36	60 Meters	T36				00:28	00:30
			00:17	00:19	T37	60 Meters	T37				00:18	00:20
			00:17	00:18	T38	60 Meters	T38				00:17	00:19
00:14	00:15	00:17	00:19	00:21	T40	60 Meters	T40	00:15	00:17	00:19	00:21	00:23
00:14	00:15	00:17	00:19	00:21	T41	60 Meters	T41	00:15	00:17	00:19	00:21	00:23
				00:23	T42	60 Meters	T42					00:32
				00:19	T43	60 Meters	T43					00:23
				00:18	T44	60 Meters	T44					00:22
				00:17	T45	60 Meters	T45					00:23
				00:17	T46	60 Meters	T46					00:23
				00:17	T47	60 Meters	T47					00:23
		00:48	00:52	00:58	T51	60 Meters	T51			00:57	01:02	01:08
			00:27	00:29	T52	60 Meters	T52				00:38	00:41
				00:24	T53	60 Meters	T53					00:33
				00:22	T54	60 Meters	T54					00:27
				00:23	T61	60 Meters	T61					00:32
				00:23	T62	60 Meters	T62					00:23
				00:19	T63	60 Meters	T63					00:32
				00:18	T64	60 Meters	T64					00:22
00:19	00:21	00:25	00:27	00:29	T11	100 Meters	T11	00:23	00:26	00:30	00:33	00:35
00:19	00:21	00:24	00:26	00:28	T12	100 Meters	T12	00:23	00:25	00:29	00:32	00:34
00:19	00:21	00:24	00:26	00:28	T13	100 Meters	T13	00:23	00:25	00:29	00:32	00:34
00:19	00:21	00:24	00:26	00:28	T20	100 Meters	T20	00:23	00:25	00:29	00:32	00:34
01:04	01:10	01:23	01:30	01:36	T31	100 Meters	T31	01:29	01:38	01:56	02:05	02:14
01:02	01:08	01:21	01:27	01:33	T32	100 Meters	T32	01:22	01:30	01:46	01:55	02:03
00:36	00:39	00:46	00:50	00:53	T33	100 Meters	T33	00:46	00:51	01:00	01:05	01:09
00:35	00:39	00:46	00:49	00:53	T34	100 Meters	T34	00:45	00:50	00:59	01:04	01:08
00:25	00:27	00:32	00:34	00:37	T35	100 Meters	T35	00:43	00:48	00:56	01:01	01:05
				00:47	T35a	100 Meters	T35a					00:58
00:23	00:25	00:30	00:32	00:35	T36	100 Meters	T36	00:29	00:32	00:38	00:41	00:44
00:21	00:23	00:27	00:29	00:31	T37	100 Meters	T37	00:27	00:29	00:34	00:37	00:40
00:20	00:23	00:27	00:29	00:31	T38	100 Meters	T38	00:26	00:29	00:34	00:36	00:39
00:23	00:25	00:29	00:32	00:35	T40	100 Meters	T40	00:24	00:26	00:31	00:33	00:37
00:23	00:25	00:29	00:32	00:35	T41	100 Meters	T41	00:24	00:26	00:31	00:33	00:37
00:26	00:28	00:33	00:36	00:38	T42	100 Meters	T42	00:32	00:35	00:41	00:44	00:47
00:21	00:23	00:27	00:30	00:32	T43	100 Meters	T43	00:27	00:29	00:35	00:37	00:40
00:21	00:23	00:27	00:30	00:32	T44	100 Meters	T44	00:27	00:29	00:35	00:37	00:40
00:19	00:21	00:24	00:26	00:28	T45	100 Meters	T45	00:25	00:27	00:32	00:34	00:37
00:19	00:21	00:24	00:26	00:28	T46	100 Meters	T46	00:25	00:27	00:32	00:34	00:37
00:19	00:21	00:24	00:26	00:28	T47	100 Meters	T47	00:25	00:27	00:32	00:34	00:37
00:50	00:55	01:05	01:09	01:14	T51	100 Meters	T51	00:52	00:57	01:08	01:13	01:18
00:32	00:35	00:42	00:45	00:48	T52	100 Meters	T52	00:45	00:50	00:59	01:04	01:08
00:26	00:28	00:34	00:36	00:39	T53	100 Meters	T53	00:36	00:39	00:46	00:50	00:54
00:24	00:26	00:31	00:33	00:35	T54	100 Meters	T54	00:30	00:33	00:39	00:42	00:45
00:26	00:28	00:33	00:36	00:38	T61	100 Meters	T61	00:32	00:35	00:41	00:44	00:47
00:21	00:23	00:27	00:30	00:32	T62	100 Meters	T62	00:27	00:29	00:35	00:37	00:40
00:26	00:28	00:33	00:36	00:38	T63	100 Meters	T63	00:32	00:35	00:41	00:44	00:47
15:45	17:51	22:03	24:09	26:15	T64	100 Meters	T64	22:03	24:09	29:24	32:33	34:39
00:40	00:44	00:52	00:56	01:00	T11	200 Meters	T11	00:48	00:53	01:02	01:07	01:12
00:38	00:42	00:50	00:53	00:57	T12	200 Meters	T12	00:47	00:52	01:01	01:06	01:11
00:38	00:42	00:50	00:53	00:57	T13	200 Meters	T13	00:46	00:51	01:00	01:05	01:10

# ATFUSA 2019 Junior Nationals Track Qualifying Standards "B"

**105%**

U23 Male	U20 Male	U17 Male	U14 Male	U11 Male	Class/Event			U23 Female	U20 Female	U17 Female	U14 Female	U11 Female
00:38	00:42	00:50	00:53	00:57	T20	200 Meters	T20	00:46	00:51	01:00	01:05	01:10
03:25	03:45	04:26	04:47	05:07	T31	200 Meters	T31	03:41	04:03	04:47	05:09	05:31
03:09	03:28	04:06	04:25	04:44	T32	200 Meters	T32	03:25	03:45	04:26	04:47	05:07
01:06	01:13	01:26	01:32	01:39	T33	200 Meters	T33	01:19	01:27	01:42	01:50	01:58
00:55	01:01	01:12	01:18	01:23	T34	200 Meters	T34	01:02	01:08	01:20	01:26	01:33
00:55	01:01	01:12	01:17	01:23	T35	200 Meters	T35	01:11	01:18	01:32	01:39	01:46
					T35a	200 Meters	T35a					
00:45	00:49	00:58	01:02	01:07	T36	200 Meters	T36	01:01	01:07	01:19	01:25	01:31
00:42	00:46	00:54	00:58	01:02	T37	200 Meters	T37	00:54	00:59	01:10	01:15	01:20
00:40	00:44	00:53	00:57	01:01	T38	200 Meters	T38	00:51	00:57	01:07	01:12	01:17
00:48	00:53	01:03	01:09		T40	200 Meters	T40	01:01	01:06	01:19	01:27	
00:48	00:53	01:03	01:09		T41	200 Meters	T41	01:01	01:06	01:19	01:27	
00:54	00:59	01:10	01:15	01:20	T42	200 Meters	T42	01:15	01:22	01:37	01:44	01:52
00:45	00:49	00:58	01:03	01:07	T43	200 Meters	T43	00:51	00:56	01:07	01:12	01:17
39:54	44:06	52:30	57:45	01:57	T44	200 Meters	T44	46:12	51:27	00:54	06:09	11:24
00:38	00:42	00:49	00:53	00:57	T45	200 Meters	T45	00:48	00:53	01:02	01:07	01:12
00:37	00:41	00:49	00:52	00:56	T46	200 Meters	T46	00:43	00:48	00:57	01:01	01:05
00:37	00:41	00:48	00:52	00:55	T47	200 Meters	T47	00:43	00:47	00:56	01:00	01:04
01:35	01:44	02:03	02:12	02:22	T51	200 Meters	T51	02:01	02:13	02:37	02:49	03:01
00:57	01:02	01:14	01:19	01:25	T52	200 Meters	T52	01:08	01:15	01:28	01:35	01:42
00:45	00:50	00:59	01:03	01:08	T53	200 Meters	T53	00:55	01:01	01:12	01:18	01:23
00:42	00:46	00:54	00:59	01:03	T54	200 Meters	T54	00:47	00:51	01:01	01:05	01:10
00:54	00:59	01:10	01:15	01:20	T61	200 Meters	T61	01:15	01:22	01:37	01:44	01:52
00:45	00:49	00:58	01:03	01:07	T62	200 Meters	T62	00:51	00:56	01:07	01:12	01:17
00:54	00:59	01:10	01:15	01:20	T63	200 Meters	T63	01:15	01:22	01:37	01:44	01:52
39:54	44:06	52:30	57:45	01:57	T64	200 Meters	T64	46:12	51:27	00:54	06:09	11:24
<hr/>												
01:33	01:42	02:01	02:10	02:19	T11	400 Meters	T11	01:51	02:02	02:24	02:35	02:46
01:26	01:35	01:52	02:00	02:09	T12	400 Meters	T12	01:46	01:56	02:18	02:28	02:39
01:26	01:35	01:52	02:00	02:09	T13	400 Meters	T13	01:46	01:56	02:18	02:28	02:39
01:26	01:35	01:52	02:00	02:09	T20	400 Meters	T20	01:43	01:54	02:14	02:25	02:35
06:34	07:13	08:32	09:11	09:51	T31	400 Meters	T31	07:21	08:05	09:33	10:17	11:02
06:18	06:56	08:11	08:49	09:27	T32	400 Meters	T32	06:50	07:30	08:52	09:33	10:14
01:50	02:01	02:23	02:34	02:45	T33	400 Meters	T33	02:44	03:00	03:33	03:49	04:06
01:41	01:51	02:11	02:21	02:31	T34	400 Meters	T34	02:22	02:36	03:04	03:18	03:33
02:06	02:19	02:44	02:56	03:09	T35	400 Meters	T35	02:38	02:53	03:25	03:40	03:56
					T35a	400 Meters	T35a					
01:45	01:56	02:17	02:27	02:38	T36	400 Meters	T36	02:16	02:30	02:57	03:11	03:25
01:41	01:51	02:11	02:21	02:31	T37	400 Meters	T37	01:57	02:09	02:32	02:44	02:56
01:41	01:51	02:11	02:21	02:31	T38	400 Meters	T38	01:57	02:09	02:32	02:44	02:56
01:50	02:01	02:23			T40	400 Meters	T40	02:11	02:24	02:51		
01:50	02:01	02:23			T41	400 Meters	T41	02:11	02:24	02:51		
02:01	02:13	02:37	02:49	03:01	T42	400 Meters	T42	02:35	02:51	03:22	03:38	03:53
01:36	01:46	02:05	02:14	02:24	T43	400 Meters	T43	02:03	02:16	02:41	02:53	03:05
30:18	39:45	59:42	09:09	19:39	T44	400 Meters	T44	58:39	10:12	35:24	48:00	59:33
01:24	01:32	01:49	01:58	02:06	T45	400 Meters	T45	01:53	02:05	02:27	02:39	02:50
01:22	01:30	01:46	01:55	02:03	T46	400 Meters	T46	01:50	02:01	02:23	02:34	02:45
01:22	01:30	01:46	01:55	02:03	T47	400 Meters	T47	01:50	02:01	02:23	02:34	02:45
02:50	03:07	03:41	03:58		T51	400 Meters	T51	04:12	04:37	05:28	05:53	
01:55	02:06	02:29	02:41	02:52	T52	400 Meters	T52	01:58	02:10	02:34	02:46	02:58
01:28	01:37	01:55	02:03	02:12	T53	400 Meters	T53	01:53	02:05	02:27	02:39	02:50
01:20	01:28	01:44	01:52	02:00	T54	400 Meters	T54	01:41	01:51	02:11	02:21	02:31
02:01	02:13	02:37	02:49	03:01	T61	400 Meters	T61	02:35	02:51	03:22	03:38	03:53
01:36	01:46	02:05	02:14	02:24	T62	400 Meters	T62	02:03	02:16	02:41	02:53	03:05
02:01	02:13	02:37	02:49	03:01	T63	400 Meters	T63	02:35	02:51	03:22	03:38	03:53
30:18	39:45	59:42	09:09	19:39	T64	400 Meters	T64	58:39	10:12	35:24	48:00	59:33
<hr/>												
03:56	04:20	05:07	05:31	05:54	T11	800 Meters	T11	04:52	05:22	06:20	06:49	07:18
03:25	03:45	04:26	04:47	05:07	T12	800 Meters	T12	04:52	05:22	06:20	06:49	07:18
03:25	03:45	04:26	04:47	05:07	T13	800 Meters	T13	04:52	05:22	06:20	06:49	07:18
03:25	03:45	04:26	04:47	05:07	T20	800 Meters	T20	04:52	05:22	06:20	06:49	07:18
09:11	10:06	11:57			T31	800 Meters	T31	09:11	10:06	11:57		
08:55	09:49	11:36			T32	800 Meters	T32	08:55	09:49	11:36		
04:12	04:37	05:28	05:53	06:18	T33	800 Meters	T33	05:00	05:30	06:30	07:00	07:30
03:50	04:13	04:59	05:22	05:45	T34	800 Meters	T34	04:42	05:11	06:07	06:35	07:04
06:01	06:37	07:50	08:26		T35	800 Meters	T35	06:18	06:56	08:11	08:49	
					T35a	800 Meters	T35a					
03:53	04:16	05:03	05:26		T36	800 Meters	T36	05:05	05:35	06:36	07:06	
03:45	04:07	04:52	05:15	05:37	T37	800 Meters	T37	04:23	04:49	05:41	06:07	06:34
03:45	04:07	04:52	05:15	05:37	T38	800 Meters	T38	04:23	04:49	05:41	06:07	06:34
					T40	800 Meters	T40					
					T41	800 Meters	T41					

# ATFUSA 2019 Junior Nationals Track Qualifying Standards "B"

105%

U23 Male	U20 Male	U17 Male	U14 Male	U11 Male	Class/Event			U23 Female	U20 Female	U17 Female	U14 Female	U11 Female
					T42	800 Meters	T42					
03:35	03:57	04:40	05:01	05:23	T43	800 Meters	T43	04:02	04:26	05:14	05:38	06:02
03:35	03:57	04:40	05:01	05:23	T44	800 Meters	T44	04:02	04:26	05:14	05:38	06:02
03:18	03:38	04:18	04:38	04:58	T45	800 Meters	T45	03:51	04:14	05:00	05:23	05:46
03:18	03:38	04:18	04:38	04:58	T46	800 Meters	T46	03:51	04:14	05:00	05:23	05:46
					T47	800 Meters	T47					
05:26	05:58	07:03			T51	800 Meters	T51	08:24	09:14	10:55		
03:22	03:42	04:23	04:43		T52	800 Meters	T52	04:02	04:26	05:14	05:38	
02:54	03:12	03:47	04:04	04:21	T53	800 Meters	T53	03:47	04:09	04:55	05:18	05:40
02:41	02:57	03:29	03:45	04:01	T54	800 Meters	T54	03:22	03:42	04:22	04:42	05:02
					T61	800 Meters	T61					
03:35	03:57	04:40	05:01	05:23	T62	800 Meters	T62	04:02	04:26	05:14	05:38	06:02
					T63	800 Meters	T63					
03:35	03:57	04:40	05:01	05:23	T64	800 Meters	T64	04:02	04:26	05:14	05:38	06:02
06:58	07:40	09:04	09:46		T11	1500 Meters	T11	08:24	09:15	10:56	11:46	
06:37	07:17	08:36	09:16		T12	1500 Meters	T12	07:59	08:47	10:22	11:10	
06:37	07:17	08:36	09:16		T13	1500 Meters	T13	07:59	08:47	10:22	11:10	
06:37	07:17	08:36	09:16		T20	1500 Meters	T20	07:59	08:47	10:22	11:10	
					T31	1500 Meters	T31					
					T32	1500 Meters	T32					
08:53	09:47	11:33	12:27		T33	1500 Meters	T33	10:14	11:16	13:19	14:20	
07:31	08:17	09:47	10:32		T34	1500 Meters	T34	09:28	10:25	12:18	13:15	
10:30	11:33	13:39	14:42		T35	1500 Meters	T35	12:36	13:52	16:23	17:38	
					T35a	1500 Meters	T35a					
09:04	09:58	11:47	12:41		T36	1500 Meters	T36	10:51	11:56	14:06	15:11	
06:56	07:38	09:01	09:42		T37	1500 Meters	T37	09:27	10:24	12:17	13:14	
06:56	07:38	09:01	09:42		T38	1500 Meters	T38	09:27	10:24	12:17	13:14	
					T40	1500 Meters	T40					
					T41	1500 Meters	T41					
					T42	1500 Meters	T42					
09:06	10:01	11:50	12:44		T43	1500 Meters	T43	10:09	11:10	13:12	14:13	
09:06	10:01	11:50	12:44		T44	1500 Meters	T44	10:09	11:10	13:12	14:13	
06:43	07:24	08:44	09:24		T45	1500 Meters	T45	07:21	08:05	09:33	10:17	
06:43	07:24	08:44	09:24		T46	1500 Meters	T46	07:21	08:05	09:33	10:17	
					T47	1500 Meters	T47					
11:01	12:08	14:20			T51	1500 Meters	T51	14:42	16:10	19:07		
07:08	07:51	09:17	10:00		T52	1500 Meters	T52	08:45	09:38	11:23	12:15	
04:11	04:36	05:26	05:51		T53	1500 Meters	T53	05:15	05:47	06:50	07:21	
04:11	04:36	05:26	05:51		T54	1500 Meters	T54	05:15	05:47	06:50	07:21	
					T61	1500 Meters	T61					
09:06	10:01	11:50	13:39		T62	1500 Meters	T62	10:09	11:10	13:12	14:13	
					T63	1500 Meters	T63					
09:06	10:01	11:50	13:39		T64	1500 Meters	T64	10:09	11:10	13:12	14:13	
13:57	15:20	18:08	19:31		T11	3000 Meters	T11	16:49	18:30	21:51	23:32	
13:14	14:33	17:12	18:31		T12	3000 Meters	T12	15:58	17:33	20:45	22:21	
13:14	14:33	17:12	18:31		T13	3000 Meters	T13	15:58	17:33	20:45	22:21	
13:14	14:33	17:12	18:31		T20	3000 Meters	T20	15:58	17:33	20:45	22:21	
					T31	3000 Meters	T31					
					T32	3000 Meters	T32					
17:47	19:33	23:07	24:54		T33	3000 Meters	T33	20:29	22:31	26:37	28:40	
15:03	16:33	19:34	21:04		T34	3000 Meters	T34	18:56	20:50	24:37	26:31	
21:00	23:06	27:18	29:24		T35	3000 Meters	T35	25:12	27:43	32:46	35:17	
					T35a	3000 Meters	T35a					
18:08	19:57	23:34	25:23		T36	3000 Meters	T36	21:42	23:52	28:13	30:23	
13:52	15:15	18:02	19:25		T37	3000 Meters	T37	18:54	20:47	24:34	26:28	
13:52	15:15	18:02	19:25		T38	3000 Meters	T38	18:54	20:47	24:34	26:28	
					T40	3000 Meters	T40					
					T41	3000 Meters	T41					
					T42	3000 Meters	T42					
18:12	20:01	23:40	25:29		T43	3000 Meters	T43	20:18	22:20	26:23	28:25	
18:12	20:01	23:40	25:29		T44	3000 Meters	T44	20:18	22:20	26:23	28:25	
13:26	14:47	17:28	18:49		T45	3000 Meters	T45	14:42	16:10	19:07	20:35	
13:26	14:47	17:28	18:49		T46	3000 Meters	T46	14:42	16:10	19:07	20:35	
					T47	3000 Meters	T47					
22:03	24:15	28:40			T51	3000 Meters	T51	29:24	32:20	38:13		
14:17	15:42	18:34	20:00		T52	3000 Meters	T52	17:30	19:15	22:45	24:30	
08:22	09:12	10:52	11:42		T53	3000 Meters	T53	10:30	11:33	13:39	14:42	
08:22	09:12	10:52	11:42		T54	3000 Meters	T54	10:30	11:33	13:39	14:42	
					T61	3000 Meters	T61					
18:12	20:01	23:40	27:18		T62	3000 Meters	T62	20:18	22:20	26:23	28:25	

# ATFUSA 2019 Junior Nationals Track Qualifying Standards "B"

**105%**

U23 Male	U20 Male	U17 Male	U14 Male	U11 Male	Class/Event			U23 Female	U20 Female	U17 Female	U14 Female	U11 Female
					T63	3000 Meters	T63					
18:12	20:01	23:40	27:18		T64	3000 Meters	T64	20:18	22:20	26:23	28:25	
26:15	26:15	26:15	26:15	26:15	T11	5000 Meters	T11	28:21	28:21	28:21	28:21	28:21
26:15	26:15	26:15	26:15	26:15	T12	5000 Meters	T12	28:21	28:21	28:21	28:21	28:21
26:15	26:15	26:15	26:15	26:15	T13	5000 Meters	T13	28:21	28:21	28:21	28:21	28:21
26:15	26:15	26:15	26:15	26:15	T20	5000 Meters	T20	28:21	28:21	28:21	28:21	28:21
					T31	5000 Meters	T31					
					T32	5000 Meters	T32					
16:38	16:38	16:38	16:38	16:38	T33	5000 Meters	T33	21:00	21:00	21:00	21:00	21:00
16:38	16:38	16:38	16:38	16:38	T34	5000 Meters	T34	21:00	21:00	21:00	21:00	21:00
26:15	26:15	26:15	26:15	26:15	T35	5000 Meters	T35	28:21	28:21	28:21	28:21	28:21
26:15	26:15	26:15	26:15	26:15	T36	5000 Meters	T36	28:21	28:21	28:21	28:21	28:21
26:15	26:15	26:15	26:15	26:15	T37	5000 Meters	T37	28:21	28:21	28:21	28:21	28:21
26:15	26:15	26:15	26:15	26:15	T38	5000 Meters	T38	28:21	28:21	28:21	28:21	28:21
					T40	5000 Meters	T40					
					T41	5000 Meters	T41					
					T42	5000 Meters	T42					
26:15	26:15	26:15	26:15	26:15	T43	5000 Meters	T43	28:21	28:21	28:21	28:21	28:21
26:15	26:15	26:15	26:15	26:15	T44	5000 Meters	T44	28:21	28:21	28:21	28:21	28:21
26:15	26:15	26:15	26:15	26:15	T45	5000 Meters	T45	28:21	28:21	28:21	28:21	28:21
26:15	26:15	26:15	26:15	26:15	T46	5000 Meters	T46	28:21	28:21	28:21	28:21	28:21
					T47	5000 Meters	T47					
16:38	16:38	16:38	16:38	16:38	T51	5000 Meters	T51	21:00	21:00	21:00	21:00	21:00
16:38	16:38	16:38	16:38	16:38	T52	5000 Meters	T52	21:00	21:00	21:00	21:00	21:00
16:38	16:38	16:38	16:38	16:38	T53	5000 Meters	T53	21:00	21:00	21:00	21:00	21:00
16:38	16:38	16:38	16:38	16:38	T54	5000 Meters	T54	21:00	21:00	21:00	21:00	21:00
					T61	5000 Meters	T61					
26:15	26:15	26:15	26:15	26:15	T62	5000 Meters	T62	28:21	28:21	28:21	28:21	28:21
					T63	5000 Meters	T63					
26:15	26:15	26:15	26:15	26:15	T64	5000 Meters	T64	28:21	28:21	28:21	28:21	28:21