

ATFUSA 2023 Nationals Track Qualifying Standards "A"

Master Male	Open Male	U20 Male	U17 Male	U14 Male	U11 Male	Class/Event	Master Female	Open Female	U20 Female	U17 Female	U14 Female	U11 Female	
					00:45	T31 20 Meters						01:00	
					00:30	T32 20 Meters						00:35	
					00:20	T33 20 Meters						00:30	
					00:09	T35 20 Meters						00:11	
					00:09	T35a 20 Meters						00:11	
					00:07	T36 20 Meters						00:10	
					00:10	T40 20 Meters						00:11	
					00:10	T41 20 Meters						00:11	
					00:21	T11 60 Meters						00:24	
					00:19	T12 60 Meters						00:21	
					00:18	T13 60 Meters						00:21	
			00:16		00:18	T20 60 Meters					00:19	00:21	
			00:50		00:55	T31 60 Meters					00:55	01:00	
			01:13		01:20	T32 60 Meters					01:22	01:30	
			00:35		00:39	T33 60 Meters					00:41	00:45	
			00:27		00:30	T34 60 Meters					00:30	00:33	
			00:20		00:22	T35 60 Meters					00:27	00:30	
			00:26		00:26	T35a 60 Meters					00:26	00:30	
			00:18		00:20	T36 60 Meters					00:26	00:29	
			00:16		00:18	T37 60 Meters					00:17	00:19	
			00:16		00:17	T38 60 Meters					00:16	00:18	
0:00:14	0:00:13	00:14	00:17		00:18	T40 60 Meters	00:16	00:15	00:16	00:18	00:20	00:22	
0:00:14	0:00:13	00:14	00:17		00:18	T41 60 Meters	00:16	00:15	00:16	00:18	00:20	00:22	
					00:22	T42 60 Meters						00:30	
					00:19	T43 60 Meters						00:22	
					00:17	T44 60 Meters						00:21	
					00:17	T45 60 Meters						00:22	
					00:16	T46 60 Meters						00:22	
					00:16	T47 60 Meters						00:22	
		00:46	00:50		00:55	T51 60 Meters				00:54	00:59	01:05	
			00:25		00:28	T52 60 Meters					00:36	00:40	
					00:23	T53 60 Meters						00:31	
					00:21	T54 60 Meters						00:26	
					00:22	T61 60 Meters						00:30	
					00:22	T62 60 Meters						00:22	
					00:19	T63 60 Meters						00:30	
					00:17	T64 60 Meters						00:21	
0:01:00	0:01:00	01:00	01:15	01:30	01:40	Pwr. Chair 60Weave	Pwr. Chair	01:00	01:00	01:00	01:20	01:30	01:40
0:00:20	0:00:18	00:20	00:24	00:26	00:28	T11 100 Meters		00:24	00:22	00:24	00:29	00:31	00:33
0:00:20	0:00:18	00:20	00:23	00:25	00:27	T12 100 Meters		00:24	00:22	00:24	00:28	00:30	00:32
0:00:20	0:00:18	00:20	00:23	00:25	00:27	T13 100 Meters		00:24	00:22	00:24	00:28	00:30	00:32
0:00:20	0:00:18	00:20	00:23	00:25	00:27	T20 100 Meters		00:24	00:22	00:24	00:28	00:30	00:32
0:01:07	0:01:01	01:07	01:19	01:25	01:31	T31 100 Meters		01:34	01:25	01:34	01:51	01:59	02:08
0:01:05	0:00:59	01:05	01:17	01:23	01:28	T32 100 Meters		01:26	01:18	01:26	01:41	01:49	01:57
0:00:37	0:00:34	00:37	00:44	00:48	00:51	T33 100 Meters		00:48	00:44	00:48	00:57	01:02	01:06
0:00:37	0:00:34	00:37	00:44	00:47	00:50	T34 100 Meters		00:48	00:43	00:48	00:56	01:00	01:05
0:00:26	0:00:23	00:26	00:30	00:33	00:35	T35 100 Meters		00:45	00:41	00:45	00:54	00:58	01:02
					00:45	T35a 100 Meters						00:55	
0:00:24	0:00:22	00:24	00:29	00:31	00:33	T36 100 Meters		00:31	00:28	00:31	00:36	00:39	00:42
0:00:22	0:00:20	00:22	00:26	00:28	00:29	T37 100 Meters		00:28	00:25	00:28	00:33	00:35	00:38
0:00:21	0:00:20	00:21	00:25	00:27	00:29	T38 100 Meters		00:27	00:25	00:27	00:32	00:35	00:37
0:00:24	0:00:22	00:24	00:28	00:30	00:33	T40 100 Meters		00:25	00:23	00:25	00:29	00:32	00:35
0:00:24	0:00:22	00:24	00:28	00:30	00:33	T41 100 Meters		00:25	00:23	00:25	00:29	00:32	00:35
0:00:27	0:00:24	00:27	00:32	00:34	00:37	T42 100 Meters		00:33	00:30	00:33	00:39	00:42	00:45
0:00:22	0:00:20	00:22	00:26	00:28	00:30	T43 100 Meters		00:28	00:26	00:28	00:33	00:36	00:38
0:00:22	0:00:20	00:22	00:26	00:28	00:30	T44 100 Meters		00:28	00:26	00:28	00:33	00:36	00:38
0:00:20	0:00:18	00:20	00:23	00:25	00:27	T45 100 Meters		00:26	00:23	00:26	00:30	00:33	00:35
0:00:20	0:00:18	00:20	00:23	00:25	00:27	T46 100 Meters		00:26	00:23	00:26	00:30	00:33	00:35
0:00:52	0:00:47	00:52	01:01	01:06	01:11	T51 100 Meters		00:55	00:50	00:55	01:05	01:10	01:15
0:00:34	0:00:31	00:34	00:40	00:43	00:46	T52 100 Meters		00:48	00:43	00:48	00:56	01:00	01:05
0:00:27	0:00:25	00:27	00:32	00:34	00:37	T53 100 Meters		00:37	00:34	00:37	00:44	00:48	00:51
0:00:25	0:00:23	00:25	00:29	00:32	00:34	T54 100 Meters		00:31	00:28	00:31	00:37	00:40	00:43
0:00:27	0:00:24	00:27	00:32	00:34	00:37	T61 100 Meters		00:33	00:30	00:33	00:39	00:42	00:45
0:00:22	0:00:20	00:22	00:26	00:28	00:30	T62 100 Meters		00:28	00:26	00:28	00:33	00:36	00:38
0:00:27	0:00:24	00:27	00:32	00:34	00:37	T63 100 Meters		00:33	00:30	00:33	00:39	00:42	00:45
00:17	00:15	00:17	00:21	00:23	00:25	T64 100 Meters		00:23	00:21	00:23	00:28	00:31	00:33
0:00:42	0:00:38	00:42	00:49	00:53	00:57	T11 200 Meters		00:50	00:45	00:50	00:59	01:04	01:08
0:00:40	0:00:36	00:40	00:47	00:51	00:54	T12 200 Meters		00:49	00:45	00:49	00:59	01:03	01:07
0:00:40	0:00:36	00:40	00:47	00:51	00:54	T13 200 Meters		00:49	00:44	00:49	00:57	01:02	01:06
0:00:40	0:00:36	00:40	00:47	00:51	00:54	T20 200 Meters		00:49	00:44	00:49	00:57	01:02	01:06
0:03:35	0:03:15	03:35	04:14	04:33	04:53	T31 200 Meters		03:51	03:30	03:51	04:33	04:54	05:15
0:03:18	0:03:00	03:18	03:54	04:12	04:30	T32 200 Meters		03:35	03:15	03:35	04:14	04:33	04:53
0:01:09	0:01:03	01:09	01:22	01:28	01:34	T33 200 Meters		01:23	01:15	01:23	01:37	01:45	01:52
0:00:58	0:00:53	00:58	01:09	01:14	01:19	T34 200 Meters		01:05	00:59	01:05	01:16	01:22	01:28
0:00:58	0:00:52	00:58	01:08	01:13	01:19	T35 200 Meters		01:14	01:07	01:14	01:28	01:34	01:41
						T35a 200 Meters							
0:00:47	0:00:42	00:47	00:55	00:59	01:04	T36 200 Meters		01:04	00:58	01:04	01:15	01:21	01:27
0:00:44	0:00:40	00:44	00:51	00:55	00:59	T37 200 Meters		00:56	00:51	00:56	01:06	01:12	01:17
0:00:42	0:00:39	00:42	00:50	00:54	00:58	T38 200 Meters		00:54	00:49	00:54	01:04	01:09	01:13
0:00:50	0:00:46	00:50	01:00	01:06		T40 200 Meters		01:02	00:58	01:02	01:15	01:23	
0:00:50	0:00:46	00:50	01:00	01:06		T41 200 Meters		01:02	00:58	01:02	01:15	01:23	
0:00:56	0:00:51	00:56	01:06	01:11	01:16	T42 200 Meters		01:18	01:11	01:18	01:32	01:39	01:46
0:00:47	0:00:43	00:47	00:55	01:00	01:04	T43 200 Meters		00:54	00:49	00:54	01:03	01:08	01:13
0:00:40	0:00:36	00:40	00:47	00:50	00:54	T44 200 Meters		00:49	00:44	00:49	00:58	01:02	01:07
0:00:40	0:00:36	00:40	00:47	00:51	00:54	T45 200 Meters		00:50	00:46	00:50	00:59	01:04	01:08
0:00:39	0:00:36	00:39	00:46	00:50	00:54	T46 200 Meters		00:46	00:41	00:46	00:54	00:58	01:02
0:00:39	0:00:35	00:39	00:46	00:49	00:53	T47 200 Meters		00:45	00:41	00:45	00:53	00:57	01:01
0:01:39	0:01:30	01:39	01:57	02:06	02:15	T51 200 Meters		02:07	01:55	02:07	02:30	02:41	02:53
0:00:59	0:00:54	00:59	01:10	01:16	01:21	T52 200 Meters		01:11	01:05	01:11	01:24	01:31	01:37
0:00:47	0:00:43	00:47	00:56	01:00	01:05	T53 200 Meters		00:58	00:53	00:58	01:09	01:14	01:19
0:00:44	0:00:40	00:44	00:52	00:56</									

0:14:32	0:13:12	14:32	17:10	18:29		T38	3000 Meters	T38	19:48	18:00	19:48	23:24	25:12
						T40	3000 Meters	T40					
						T41	3000 Meters	T41					
						T42	3000 Meters	T42					
0:19:04	0:17:20	19:04	22:32	24:16		T43	3000 Meters	T43	21:16	19:20	21:16	25:08	27:04
0:19:04	0:17:20	19:04	22:32	24:16		T44	3000 Meters	T44	21:16	19:20	21:16	25:08	27:04
0:14:05	0:12:48	14:05	16:38	17:55		T45	3000 Meters	T45	15:24	14:00	15:24	18:12	19:36
0:14:05	0:12:48	14:05	16:38	17:55		T46	3000 Meters	T46	15:24	14:00	15:24	18:12	19:36
						T47	3000 Meters	T47					
0:23:06	0:21:00	23:06	27:18			T51	3000 Meters	T51	30:48	28:00	30:48	36:24	
0:14:58	0:13:36	14:58	17:41	19:02		T52	3000 Meters	T52	18:20	16:40	18:20	21:40	23:20
0:08:46	0:07:58	08:46	10:21	11:09		T53	3000 Meters	T53	11:00	10:00	11:00	13:00	14:00
0:08:46	0:07:58	08:46	10:21	11:09		T54	3000 Meters	T54	11:00	10:00	11:00	13:00	14:00
						T61	3000 Meters	T61					
0:19:04	0:17:20	19:04	22:32	26:00		T62	3000 Meters	T62	21:16	19:20	21:16	25:08	27:04
						T63	3000 Meters	T63					
0:19:04	0:17:20	19:04	22:32	26:00		T64	3000 Meters	T64	21:16	19:20	21:16	25:08	27:04
0:25:00	0:25:00	25:00	25:00	25:00	25:00	T11	5000 Meters	T11	27:00	27:00	27:00	27:00	27:00
0:25:00	0:25:00	25:00	25:00	25:00	25:00	T12	5000 Meters	T12	27:00	27:00	27:00	27:00	27:00
0:25:00	0:25:00	25:00	25:00	25:00	25:00	T13	5000 Meters	T13	27:00	27:00	27:00	27:00	27:00
0:25:00	0:25:00	25:00	25:00	25:00	25:00	T20	5000 Meters	T20	27:00	27:00	27:00	27:00	27:00
						T31	5000 Meters	T31					
						T32	5000 Meters	T32					
0:15:50	0:15:50	15:50	15:50	15:50	15:50	T33	5000 Meters	T33	20:00	20:00	20:00	20:00	20:00
0:15:50	0:15:50	15:50	15:50	15:50	15:50	T34	5000 Meters	T34	20:00	20:00	20:00	20:00	20:00
0:25:00	0:25:00	25:00	25:00	25:00	25:00	T35	5000 Meters	T35	27:00	27:00	27:00	27:00	27:00
0:25:00	0:25:00	25:00	25:00	25:00	25:00	T36	5000 Meters	T36	27:00	27:00	27:00	27:00	27:00
0:25:00	0:25:00	25:00	25:00	25:00	25:00	T37	5000 Meters	T37	27:00	27:00	27:00	27:00	27:00
0:25:00	0:25:00	25:00	25:00	25:00	25:00	T38	5000 Meters	T38	27:00	27:00	27:00	27:00	27:00
						T40	5000 Meters	T40					
						T41	5000 Meters	T41					
						T42	5000 Meters	T42					
0:25:00	0:25:00	25:00	25:00	25:00	25:00	T43	5000 Meters	T43	27:00	27:00	27:00	27:00	27:00
0:25:00	0:25:00	25:00	25:00	25:00	25:00	T44	5000 Meters	T44	27:00	27:00	27:00	27:00	27:00
0:25:00	0:25:00	25:00	25:00	25:00	25:00	T45	5000 Meters	T45	27:00	27:00	27:00	27:00	27:00
0:25:00	0:25:00	25:00	25:00	25:00	25:00	T46	5000 Meters	T46	27:00	27:00	27:00	27:00	27:00
						T47	5000 Meters	T47					
						T61	5000 Meters	T61					
0:25:00	0:25:00	25:00	25:00	25:00	25:00	T62	5000 Meters	T62	27:00	27:00	27:00	27:00	27:00
						T63	5000 Meters	T63					
0:25:00	0:25:00	25:00	25:00	25:00	25:00	T64	5000 Meters	T64	27:00	27:00	27:00	27:00	27:00
0:15:50	0:15:50	15:50	15:50	15:50	15:50	T51	5000 Meters	T51	20:00	20:00	20:00	20:00	20:00
0:15:50	0:15:50	15:50	15:50	15:50	15:50	T52	5000 Meters	T52	20:00	20:00	20:00	20:00	20:00
0:15:50	0:15:50	15:50	15:50	15:50	15:50	T53	5000 Meters	T53	20:00	20:00	20:00	20:00	20:00
0:15:50	0:15:50	15:50	15:50	15:50	15:50	T54	5000 Meters	T54	20:00	20:00	20:00	20:00	20:00