

ATFUSA 2025 Nationals Track Qualifying Standards "A"

Master Male	Open Male	U20 Male	U17 Male	U14 Male	U11 Male	Class/Event	Master Female	Open Female	U20 Female	U17 Female	U14 Female	U11 Female
					00:45	T31						01:00
					00:30	T32						00:35
					00:20	T33						00:30
					00:09	T35						00:11
					00:09	T35a						00:11
					00:07	T36						00:10
					00:10	T40						00:11
					00:10	T41						00:11
					00:30	T71						00:35
					00:30	T72						00:35
					00:09	T91						00:11
					00:21	T11						00:24
					00:19	T12						00:21
					00:18	T13						00:21
				00:16	00:18	T20					00:19	00:21
				00:50	00:55	T31					00:55	01:00
				01:13	01:20	T32					01:22	01:30
				00:35	00:39	T33					00:41	00:45
				00:27	00:30	T34					00:30	00:33
				00:20	00:22	T35					00:27	00:30
					00:26	T35a						00:30
				00:18	00:20	T36					00:26	00:29
				00:16	00:18	T37					00:17	00:19
				00:16	00:17	T38					00:16	00:18
0:00:14	0:00:13	00:14	00:17	00:18	00:20	T40	00:16	00:15	00:16	00:18	00:20	00:22
0:00:14	0:00:13	00:14	00:17	00:18	00:20	T41	00:16	00:15	00:16	00:18	00:20	00:22
					00:22	T42						00:30
					00:19	T43						00:22
					00:17	T44						00:21
					00:17	T45						00:22
					00:16	T46						00:22
					00:16	T47						00:22
			00:46	00:50	00:55	T51				00:54	00:59	01:05
				00:25	00:28	T52					00:36	00:40
					00:23	T53						00:31
					00:21	T54						00:26
					00:22	T61						00:30
					00:22	T62						00:22
					00:19	T63						00:30
					00:17	T64						00:21
				00:50	00:55	T71					00:55	01:00
				00:50	00:55	T72					00:55	01:00
					00:23	T90						00:31
				00:20	00:22	T91					00:27	00:30
0:01:00	0:01:00	01:00	01:15	01:30	01:40	Pwr. Chair	01:00	01:00	01:00	01:20	01:30	01:40
0:00:20	0:00:18	00:20	00:24	00:26	00:28	T11	00:24	00:22	00:24	00:29	00:31	00:33
0:00:20	0:00:18	00:20	00:23	00:25	00:27	T12	00:24	00:22	00:24	00:28	00:30	00:32
0:00:20	0:00:18	00:20	00:23	00:25	00:27	T13	00:24	00:22	00:24	00:28	00:30	00:32
0:00:20	0:00:18	00:20	00:23	00:25	00:27	T20	00:24	00:22	00:24	00:28	00:30	00:32
0:01:07	0:01:01	01:07	01:19	01:25	01:31	T31	01:34	01:25	01:34	01:51	01:59	02:08
0:01:05	0:00:59	01:05	01:17	01:23	01:28	T32	01:26	01:18	01:26	01:41	01:49	01:57
0:00:37	0:00:34	00:37	00:44	00:48	00:51	T33	00:48	00:44	00:48	00:57	01:02	01:06
0:00:37	0:00:34	00:37	00:44	00:47	00:50	T34	00:48	00:43	00:48	00:56	01:00	01:05
0:00:26	0:00:23	00:26	00:30	00:33	00:35	T35	00:45	00:41	00:45	00:54	00:58	01:02
					00:45	T35a						00:55
0:00:24	0:00:22	00:24	00:29	00:31	00:33	T36	00:31	00:28	00:31	00:36	00:39	00:42
0:00:22	0:00:20	00:22	00:26	00:28	00:29	T37	00:28	00:25	00:28	00:33	00:35	00:38
0:00:21	0:00:20	00:21	00:25	00:27	00:29	T38	00:27	00:25	00:27	00:32	00:35	00:37
0:00:24	0:00:22	00:24	00:28	00:30	00:33	T40	00:25	00:23	00:25	00:29	00:32	00:35
0:00:24	0:00:22	00:24	00:28	00:30	00:33	T41	00:25	00:23	00:25	00:29	00:32	00:35
0:00:27	0:00:24	00:27	00:32	00:34	00:37	T42	00:33	00:30	00:33	00:39	00:42	00:45
0:00:22	0:00:20	00:22	00:26	00:28	00:30	T43	00:28	00:26	00:28	00:33	00:36	00:38
0:00:22	0:00:20	00:22	00:26	00:28	00:30	T44	00:28	00:26	00:28	00:33	00:36	00:38
0:00:20	0:00:18	00:20	00:23	00:25	00:27	T45	00:26	00:23	00:26	00:30	00:33	00:35
0:00:20	0:00:18	00:20	00:23	00:25	00:27	T46	00:26	00:23	00:26	00:30	00:33	00:35
0:00:20	0:00:18	00:20	00:23	00:25	00:27	T47	00:26	00:23	00:26	00:30	00:33	00:35
0:00:52	0:00:47	00:52	01:01	01:06	01:11	T51	00:55	00:50	00:55	01:05	01:10	01:15
0:00:34	0:00:31	00:34	00:40	00:43	00:46	T52	00:48	00:43	00:48	00:56	01:00	01:05
0:00:27	0:00:25	00:27	00:32	00:34	00:37	T53	00:37	00:34	00:37	00:44	00:48	00:51
0:00:25	0:00:23	00:25	00:29	00:32	00:34	T54	00:31	00:28	00:31	00:37	00:40	00:43
0:00:27	0:00:24	00:27	00:32	00:34	00:37	T61	00:33	00:30	00:33	00:39	00:42	00:45
0:00:22	0:00:20	00:22	00:26	00:28	00:30	T62	00:28	00:26	00:28	00:33	00:36	00:38
0:00:27	0:00:24	00:27	00:32	00:34	00:37	T63	00:33	00:30	00:33	00:39	00:42	00:45
00:17	00:15	00:17	00:21	00:23	00:25	T64	00:23	00:21	00:23	00:28	00:31	00:33
0:01:07	0:01:01	01:07	01:19	01:25	01:31	T71	01:34	01:25	01:34	01:51	01:59	02:08
0:01:05	0:00:59	01:05	01:17	01:23	01:28	T72	01:26	01:18	01:26	01:41	01:49	01:57
0:00:27	0:00:25	00:27	00:32	00:34	00:37	T90	00:37	00:34	00:37	00:44	00:48	00:51
0:00:26	0:00:23	00:26	00:30	00:33	00:35	T91	00:45	00:41	00:45	00:54	00:58	01:02
0:00:42	0:00:38	00:42	00:49	00:53	00:57	T11	00:50	00:45	00:50	00:59	01:04	01:08
0:00:40	0:00:36	00:40	00:47	00:51	00:54	T12	00:49	00:45	00:49	00:59	01:03	01:07
0:00:40	0:00:36	00:40	00:47	00:51	00:54	T13	00:49	00:44	00:49	00:57	01:02	01:06
0:00:40	0:00:36	00:40	00:47	00:51	00:54	T20	00:49	00:44	00:49	00:57	01:02	01:06
0:03:35	0:03:15	03:35	04:14	04:33	04:53	T31	03:51	03:30	03:51	04:33	04:54	05:15
0:03:18	0:03:00	03:18	03:54	04:12	04:30	T32	03:35	03:15	03:35	04:14	04:33	04:53
0:01:09	0:01:03	01:09	01:22	01:28	01:34	T33	01:23	01:15	01:23	01:37	01:45	01:52
0:00:58	0:00:53	00:58	01:09	01:14	01:19	T34	01:05	00:59	01:05	01:16	01:22	01:28
0:00:58	0:00:52	00:58	01:08	01:13	01:19	T35	01:14	01:07	01:14	01:28	01:34	01:41
						T35a						
0:00:47	0:00:42	00:47	00:55	00:59	01:04	T36	01:04	00:58	01:04	01:15	01:21	01:27
0:00:44	0:00:40	00:44	00:51	00:55	00:59	T37	00:56	00:51	00:56	01:06	01:12	01:17
0:00:42	0:00:39	00:42	00:50	00:54	00:58	T38	00:54	00:49	00:54	01:04	01:09	01:13
0:00:50	0:00:46	00:50	01:00	01:06		T40	01:02	00:58	01:02	01:15	01:23	
0:00:50	0:00:46	00:50	01:00	01:06		T41	01:02	00:58	01:02	01:15	01:23	
0:00:56	0:00:51	00:56	01:06	01:11	01:16	T42	01:18	01:11	01:18	01:32	01:39	01:46

0:00:47	0:00:43	00:47	00:55	01:00	01:04	T43	200 Meters	T43	00:54	00:49	00:54	01:03	01:08	01:13
0:00:40	0:00:36	00:40	00:47	00:50	00:54	T44	200 Meters	T44	00:49	00:44	00:49	00:58	01:02	01:07
0:00:40	0:00:36	00:40	00:47	00:51	00:54	T45	200 Meters	T45	00:50	00:46	00:50	00:59	01:04	01:08
0:00:39	0:00:36	00:39	00:46	00:50	00:54	T46	200 Meters	T46	00:46	00:41	00:46	00:54	00:58	01:02
0:00:39	0:00:35	00:39	00:46	00:49	00:53	T47	200 Meters	T47	00:45	00:41	00:45	00:53	00:57	01:01
0:01:39	0:01:30	01:39	01:57	02:06	02:15	T51	200 Meters	T51	02:07	01:55	02:07	02:30	02:41	02:53
0:00:59	0:00:54	00:59	01:10	01:16	01:21	T52	200 Meters	T52	01:11	01:05	01:11	01:24	01:31	01:37
0:00:47	0:00:43	00:47	00:56	01:00	01:05	T53	200 Meters	T53	00:58	00:53	00:58	01:09	01:14	01:19
0:00:44	0:00:40	00:44	00:52	00:56	01:00	T54	200 Meters	T54	00:49	00:44	00:49	00:58	01:02	01:07
0:00:56	0:00:51	00:56	01:06	01:11	01:16	T61	200 Meters	T61	01:18	01:11	01:18	01:32	01:39	01:46
0:00:47	0:00:43	00:47	00:55	01:00	01:04	T62	200 Meters	T62	00:54	00:49	00:54	01:03	01:08	01:13
0:00:56	0:00:51	00:56	01:06	01:11	01:16	T63	200 Meters	T63	01:18	01:11	01:18	01:32	01:39	01:46
0:00:40	0:00:36	00:40	00:47	00:50	00:54	T64	200 Meters	T64	00:49	00:44	00:49	00:58	01:02	01:07
0:03:35	0:03:15	03:35	04:14	04:33	04:53	T71	200 Meters	T71	03:51	03:30	03:51	04:33	04:54	05:15
0:03:18	0:03:00	03:18	03:54	04:12	04:30	T72	200 Meters	T72	03:35	03:15	03:35	04:14	04:33	04:53
0:00:47	0:00:43	00:47	00:56	01:00	01:05	T90	200 Meters	T90	00:58	00:53	00:58	01:09	01:14	01:19
0:00:58	0:00:52	00:58	01:08	01:13	01:19	T91	200 Meters	T91	01:14	01:07	01:14	01:28	01:34	01:41
0:01:37	0:01:29	01:37	01:55	02:04	02:13	T11	400 Meters	T11	01:56	01:46	01:56	02:17	02:28	02:38
0:01:30	0:01:22	01:30	01:46	01:55	02:03	T12	400 Meters	T12	01:51	01:41	01:51	02:11	02:21	02:31
0:01:30	0:01:22	01:30	01:46	01:55	02:03	T13	400 Meters	T13	01:51	01:41	01:51	02:11	02:21	02:31
0:01:30	0:01:22	01:30	01:46	01:55	02:03	T20	400 Meters	T20	01:48	01:38	01:48	02:08	02:18	02:28
0:06:53	0:06:15	06:53	08:08	08:45	09:22	T31	400 Meters	T31	07:42	07:00	07:42	09:06	09:48	10:30
0:06:36	0:06:00	06:36	07:48	08:24	09:00	T32	400 Meters	T32	07:09	06:30	07:09	08:27	09:06	09:45
0:01:56	0:01:45	01:56	02:16	02:27	02:38	T33	400 Meters	T33	02:52	02:36	02:52	03:23	03:38	03:54
0:01:46	0:01:36	01:46	02:05	02:14	02:24	T34	400 Meters	T34	02:29	02:15	02:29	02:56	03:09	03:23
0:02:12	0:02:00	02:12	02:36	02:48	03:00	T35	400 Meters	T35	02:45	02:30	02:45	03:15	03:30	03:45
0:01:50	0:01:40	01:50	02:10	02:20	02:30	T36	400 Meters	T36	02:23	02:10	02:23	02:49	03:02	03:15
0:01:46	0:01:36	01:46	02:05	02:14	02:24	T37	400 Meters	T37	02:03	01:52	02:03	02:25	02:36	02:47
0:01:46	0:01:36	01:46	02:05	02:14	02:24	T38	400 Meters	T38	02:03	01:52	02:03	02:25	02:36	02:47
0:01:56	0:01:45	01:56	02:16			T40	400 Meters	T40	02:18	02:05	02:18	02:43		
0:01:56	0:01:45	01:56	02:16			T41	400 Meters	T41	02:18	02:05	02:18	02:43		
0:02:07	0:01:55	02:07	02:30	02:41	02:53	T42	400 Meters	T42	02:43	02:28	02:43	03:12	03:27	03:42
0:01:40	0:01:31	01:40	01:59	02:08	02:17	T43	400 Meters	T43	02:09	01:58	02:09	02:33	02:45	02:56
0:01:35	0:01:26	01:35	01:52	02:01	02:10	T44	400 Meters	T44	02:04	01:53	02:04	02:27	02:38	02:49
0:01:28	0:01:20	01:28	01:44	01:52	02:00	T45	400 Meters	T45	01:59	01:48	01:59	02:20	02:31	02:42
0:01:26	0:01:18	01:26	01:41	01:49	01:57	T46	400 Meters	T46	01:56	01:45	01:56	02:16	02:27	02:38
0:01:26	0:01:18	01:26	01:41	01:49	01:57	T47	400 Meters	T47	01:56	01:45	01:56	02:16	02:27	02:38
0:02:58	0:02:42	02:58	03:31	03:47		T51	400 Meters	T51	04:24	04:00	04:24	05:12	05:36	
0:02:00	0:01:49	02:00	02:22	02:33	02:44	T52	400 Meters	T52	02:04	01:53	02:04	02:27	02:38	02:49
0:01:32	0:01:24	01:32	01:49	01:58	02:06	T53	400 Meters	T53	01:59	01:48	01:59	02:20	02:31	02:42
0:01:24	0:01:16	01:24	01:39	01:47	01:55	T54	400 Meters	T54	01:46	01:36	01:46	02:05	02:14	02:24
0:02:07	0:01:55	02:07	02:30	02:41	02:53	T61	400 Meters	T61	02:43	02:28	02:43	03:12	03:27	03:42
0:01:40	0:01:31	01:40	01:59	02:08	02:17	T62	400 Meters	T62	02:09	01:58	02:09	02:33	02:45	02:56
0:02:07	0:01:55	02:07	02:30	02:41	02:53	T63	400 Meters	T63	02:43	02:28	02:43	03:12	03:27	03:42
0:01:35	0:01:26	01:35	01:52	02:01	02:10	T64	400 Meters	T64	02:04	01:53	02:04	02:27	02:38	02:49
0:06:53	0:06:15	06:53	08:08	08:45	09:22	T71	400 Meters	T71	07:42	07:00	07:42	09:06	09:48	10:30
0:06:36	0:06:00	06:36	07:48	08:24	09:00	T72	400 Meters	T72	07:09	06:30	07:09	08:27	09:06	09:45
0:01:32	0:01:24	01:32	01:49	01:58	02:06	T90	400 Meters	T90	01:59	01:48	01:59	02:20	02:31	02:42
0:02:12	0:02:00	02:12	02:36	02:48	03:00	T91	400 Meters	T91	02:45	02:30	02:45	03:15	03:30	03:45
0:04:08	0:03:45	04:08	04:53	05:15	05:37	T11	800 Meters	T11	05:06	04:38	05:06	06:02	06:30	06:58
0:03:35	0:03:15	03:35	04:14	04:33	04:53	T12	800 Meters	T12	05:06	04:38	05:06	06:02	06:30	06:58
0:03:35	0:03:15	03:35	04:14	04:33	04:53	T13	800 Meters	T13	05:06	04:38	05:06	06:02	06:30	06:58
0:03:35	0:03:15	03:35	04:14	04:33	04:53	T20	800 Meters	T20	05:06	04:38	05:06	06:02	06:30	06:58
0:09:37	0:08:45	09:37	11:22			T31	800 Meters	T31	09:37	08:45	09:37	11:22		
0:09:21	0:08:30	09:21	11:03			T32	800 Meters	T32	09:21	08:30	09:21	11:03		
0:04:24	0:04:00	04:24	05:12	05:36	06:00	T33	800 Meters	T33	05:14	04:46	05:14	06:11	06:40	07:08
0:04:01	0:03:39	04:01	04:45	05:07	05:28	T34	800 Meters	T34	04:56	04:29	04:56	05:50	06:17	06:43
0:06:18	0:05:44	06:18	07:27	08:02		T35	800 Meters	T35	06:36	06:00	06:36	07:48	08:24	
0:04:04	0:03:42	04:04	04:49	05:11		T36	800 Meters	T36	05:19	04:50	05:19	06:17	06:46	
0:03:56	0:03:34	03:56	04:38	05:00	05:21	T37	800 Meters	T37	04:35	04:10	04:35	05:25	05:50	06:15
0:03:56	0:03:34	03:56	04:38	05:00	05:21	T38	800 Meters	T38	04:35	04:10	04:35	05:25	05:50	06:15
0:03:46	0:03:25	03:46	04:27	04:47	05:07	T42	800 Meters	T42	04:13	03:50	04:13	04:59	05:22	05:45
0:03:46	0:03:25	03:46	04:27	04:47	05:07	T43	800 Meters	T43	04:13	03:50	04:13	04:59	05:22	05:45
0:03:46	0:03:25	03:46	04:27	04:47	05:07	T44	800 Meters	T44	04:13	03:50	04:13	04:59	05:22	05:45
0:03:28	0:03:09	03:28	04:06	04:25	04:44	T45	800 Meters	T45	04:02	03:40	04:02	04:46	05:08	05:30
0:03:28	0:03:09	03:28	04:06	04:25	04:44	T46	800 Meters	T46	04:02	03:40	04:02	04:46	05:08	05:30
0:05:41	0:05:10	05:41	06:43			T51	800 Meters	T51	08:48	08:00	08:48	10:24		
0:03:32	0:03:12	03:32	04:10	04:29		T52	800 Meters	T52	04:13	03:50	04:13	04:59	05:22	
0:03:03	0:02:46	03:03	03:36	03:52	04:09	T53	800 Meters	T53	03:58	03:36	03:58	04:41	05:02	05:24
0:02:48	0:02:33	02:48	03:19	03:34	03:49	T54	800 Meters	T54	03:31	03:12	03:31	04:10	04:29	04:48
0:03:46	0:03:25	03:46	04:27	04:47	05:07	T62	800 Meters	T62	04:13	03:50	04:13	04:59	05:22	05:45
0:03:46	0:03:25	03:46	04:27	04:47	05:07	T63	800 Meters	T63	04:13	03:50	04:13	04:59	05:22	05:45
0:03:46	0:03:25	03:46	04:27	04:47	05:07	T64	800 Meters	T64	04:13	03:50	04:13	04:59	05:22	05:45
0:09:37	0:08:45	09:37	11:22			T71	800 Meters	T71	09:37	08:45	09:37	11:22		
0:09:21	0:08:30	09:21	11:03			T72	800 Meters	T72	09:21	08:30	09:21	11:03		
0:03:03	0:02:46	03:03	03:36	03:52	04:09	T90	800 Meters	T90	03:58	03:36	03:58	04:41	05:02	05:24
0:06:18	0:05:44	06:18	07:27	08:02		T91	800 Meters	T91	06:36	06:00	06:36	07:48	08:24	
0:07:18	0:06:38	07:18	08:38	09:18		T11	1500 Meters	T11	08:48	08:00	08:48	10:24	11:13	
0:06:56	0:06:18	06:56	08:11	08:49		T12	1500 Meters	T12	08:22	07:36	08:22	09:53	10:38	
0:06:56	0:06:18	06:56	08:11	08:49		T13	1500 Meters	T13	08:22	07:36	08:22	09:53	10:38	
0:06:56	0:06:18	06:56	08:11	08:49		T20	1500 Meters	T20	08:22	07:36	08:22	09:53	10:38	
0:09:19	0:08:28	09:19	11:00	11:51		T33	1500 Meters	T33	10:44	09:45	10:44	12:41	13:39	
0:07:53	0:07:10	07:53	09:19	10:02		T34	1500 Meters	T34</						

0:09:32	0:08:40	09:32	11:16	12:08	T42	1500 Meters	T42							
0:09:32	0:08:40	09:32	11:16	12:08	T43	1500 Meters	T43	10:38	09:40			10:38	12:34	13:32
0:07:02	0:06:24	07:02	08:19	08:58	T44	1500 Meters	T44	10:38	09:40			10:38	12:34	13:32
0:07:02	0:06:24	07:02	08:19	08:58	T45	1500 Meters	T45	07:42	07:00			07:42	09:06	09:48
					T46	1500 Meters	T46	07:42	07:00			07:42	09:06	09:48
					T47	1500 Meters	T47							
0:11:33	0:10:30	11:33	13:39		T51	1500 Meters	T51	15:24	14:00			15:24	18:12	
0:07:29	0:06:48	07:29	08:50	09:31	T52	1500 Meters	T52	09:10	08:20			09:10	10:50	11:40
0:04:23	0:03:59	04:23	05:11	05:35	T53	1500 Meters	T53	05:30	05:00			05:30	06:30	07:00
0:04:23	0:03:59	04:23	05:11	05:35	T54	1500 Meters	T54	05:30	05:00			05:30	06:30	07:00
					T61	1500 Meters	T61							
0:09:32	0:08:40	09:32	11:16	13:00	T62	1500 Meters	T62	10:38	09:40			10:38	12:34	13:32
					T63	1500 Meters	T63							
0:09:32	0:08:40	09:32	11:16	13:00	T64	1500 Meters	T64	10:38	09:40			10:38	12:34	13:32
					T71	1500 Meters	T71							
					T72	1500 Meters	T72							
0:04:23	0:03:59	04:23	05:11	05:35	T90	1500 Meters	T90	05:30	05:00			05:30	06:30	07:00
0:11:00	0:10:00	11:00	13:00	14:00	T91	1500 Meters	T91	13:12	12:00			13:12	15:36	16:48
					T11	3000 Meters	T11	17:37	16:01			17:37	20:49	22:25
0:14:36	0:13:17	14:36	17:16	18:36	T12	3000 Meters	T12	16:43	15:12			16:43	19:46	21:17
0:13:52	0:12:36	13:52	16:23	17:38	T13	3000 Meters	T13	16:43	15:12			16:43	19:46	21:17
0:13:52	0:12:36	13:52	16:23	17:38	T20	3000 Meters	T20	16:43	15:12			16:43	19:46	21:17
					T31	3000 Meters	T31							
					T32	3000 Meters	T32							
0:18:38	0:16:56	18:38	22:01	23:42	T33	3000 Meters	T33	21:27	19:30			21:27	25:21	27:18
0:15:46	0:14:20	15:46	18:38	20:04	T34	3000 Meters	T34	19:50	18:02			19:50	23:27	25:15
0:22:00	0:20:00	22:00	26:00	28:00	T35	3000 Meters	T35	26:24	24:00			26:24	31:12	33:36
					T35a	3000 Meters	T35a							
0:19:00	0:17:16	19:00	22:27	24:10	T36	3000 Meters	T36	22:44	20:40			22:44	26:52	28:56
0:14:32	0:13:12	14:32	17:10	18:29	T37	3000 Meters	T37	19:48	18:00			19:48	23:24	25:12
0:14:32	0:13:12	14:32	17:10	18:29	T38	3000 Meters	T38	19:48	18:00			19:48	23:24	25:12
					T40	3000 Meters	T40							
					T41	3000 Meters	T41							
					T42	3000 Meters	T42							
0:19:04	0:17:20	19:04	22:32	24:16	T43	3000 Meters	T43	21:16	19:20			21:16	25:08	27:04
0:19:04	0:17:20	19:04	22:32	24:16	T44	3000 Meters	T44	21:16	19:20			21:16	25:08	27:04
0:14:05	0:12:48	14:05	16:38	17:55	T45	3000 Meters	T45	15:24	14:00			15:24	18:12	19:36
0:14:05	0:12:48	14:05	16:38	17:55	T46	3000 Meters	T46	15:24	14:00			15:24	18:12	19:36
					T47	3000 Meters	T47							
					T51	3000 Meters	T51	30:48	28:00			30:48	36:24	
0:23:06	0:21:00	23:06	27:18		T52	3000 Meters	T52	18:20	16:40			18:20	21:40	23:20
0:14:58	0:13:36	14:58	17:41	19:02	T53	3000 Meters	T53	11:00	10:00			11:00	13:00	14:00
0:08:46	0:07:58	08:46	10:21	11:09	T54	3000 Meters	T54	11:00	10:00			11:00	13:00	14:00
0:08:46	0:07:58	08:46	10:21	11:09	T61	3000 Meters	T61							
					T62	3000 Meters	T62	21:16	19:20			21:16	25:08	27:04
0:19:04	0:17:20	19:04	22:32	26:00	T63	3000 Meters	T63							
					T64	3000 Meters	T64	21:16	19:20			21:16	25:08	27:04
					T71	3000 Meters	T71							
					T72	3000 Meters	T72							
0:08:46	0:07:58	08:46	10:21	11:09	T90	3000 Meters	T90	11:00	10:00			11:00	13:00	14:00
0:22:00	0:20:00	22:00	26:00	28:00	T91	3000 Meters	T91	26:24	24:00			26:24	31:12	33:36
					T11	5000 Meters	T11	27:00	27:00			27:00	27:00	27:00
0:25:00	0:25:00	25:00	25:00	25:00	T12	5000 Meters	T12	27:00	27:00			27:00	27:00	27:00
0:25:00	0:25:00	25:00	25:00	25:00	T13	5000 Meters	T13	27:00	27:00			27:00	27:00	27:00
0:25:00	0:25:00	25:00	25:00	25:00	T20	5000 Meters	T20	27:00	27:00			27:00	27:00	27:00
0:25:00	0:25:00	25:00	25:00	25:00	T31	5000 Meters	T31							
					T32	5000 Meters	T32							
0:15:50	0:15:50	15:50	15:50	15:50	T33	5000 Meters	T33	20:00	20:00			20:00	20:00	20:00
0:15:50	0:15:50	15:50	15:50	15:50	T34	5000 Meters	T34	20:00	20:00			20:00	20:00	20:00
0:25:00	0:25:00	25:00	25:00	25:00	T35	5000 Meters	T35	27:00	27:00			27:00	27:00	27:00
0:25:00	0:25:00	25:00	25:00	25:00	T36	5000 Meters	T36	27:00	27:00			27:00	27:00	27:00
0:25:00	0:25:00	25:00	25:00	25:00	T37	5000 Meters	T37	27:00	27:00			27:00	27:00	27:00
0:25:00	0:25:00	25:00	25:00	25:00	T38	5000 Meters	T38	27:00	27:00			27:00	27:00	27:00
					T40	5000 Meters	T40							
					T41	5000 Meters	T41							
					T42	5000 Meters	T42							
0:25:00	0:25:00	25:00	25:00	25:00	T43	5000 Meters	T43	27:00	27:00			27:00	27:00	27:00
0:25:00	0:25:00	25:00	25:00	25:00	T44	5000 Meters	T44	27:00	27:00			27:00	27:00	27:00
0:25:00	0:25:00	25:00	25:00	25:00	T45	5000 Meters	T45	27:00	27:00			27:00	27:00	27:00
0:25:00	0:25:00	25:00	25:00	25:00	T46	5000 Meters	T46	27:00	27:00			27:00	27:00	27:00
					T47	5000 Meters	T47							
0:15:50	0:15:50	15:50	15:50	15:50	T51	5000 Meters	T51	20:00	20:00			20:00	20:00	20:00
0:15:50	0:15:50	15:50	15:50	15:50	T52	5000 Meters	T52	20:00	20:00			20:00	20:00	20:00
0:15:50	0:15:50	15:50	15:50	15:50	T53	5000 Meters	T53	20:00	20:00			20:00	20:00	20:00
0:15:50	0:15:50	15:50	15:50	15:50	T54	5000 Meters	T54	20:00	20:00			20:00	20:00	20:00
					T61	5000 Meters	T61							
0:25:00	0:25:00	25:00	25:00	25:00	T62	5000 Meters	T62	27:00	27:00			27:00	27:00	27:00
					T63	5000 Meters	T63							
0:25:00	0:25:00	25:00	25:00	25:00	T64	5000 Meters	T64	27:00	27:00			27:00	27:00	27:00
					T71	5000 Meters	T71							
					T72	5000 Meters	T72							
0:15:50	0:15:50	15:50	15:50	15:50	T90	5000 Meters	T90	20:00	20:00			20:00	20:00	20:00
0:25:00	0:25:00	25:00	25:00	25:00	T91	5000 Meters	T91	27:00	27:00			27:00	27:00	27:00