

# ATFUSA 2025 Nationals Track Qualifying Standards "B"

**105%**

Master Male	Open Male	U20 Male	U17 Male	U14 Male	U11 Male	Class/Event			Master Female	Open Female	U20 Female	U17 Female	U14 Female	U11 Female
					00:47	T31	20 Meters	T31						01:03
					00:32	T32	20 Meters	T32						00:37
					00:21	T33	20 Meters	T33						00:32
					00:09	T35	20 Meters	T35						00:12
					00:09	T35a	20 Meters	T35a						00:12
					00:07	T36	20 Meters	T36						00:11
					00:11	T40	20 Meters	T40						00:12
					00:11	T41	20 Meters	T41						00:12
					00:32	T71	20 Meters	T71						00:37
					00:32	T72	20 Meters	T72						00:37
					00:09	T91	20 Meters	T91						00:12
					00:22	T11	60 Meters	T11						00:25
					00:19	T12	60 Meters	T12						00:22
					00:19	T13	60 Meters	T13						00:22
				00:17	00:19	T20	60 Meters	T20					00:20	00:22
				00:52	00:58	T31	60 Meters	T31					00:57	01:03
				01:17	01:24	T32	60 Meters	T32					01:26	01:35
				00:37	00:41	T33	60 Meters	T33					00:43	00:47
				00:29	00:31	T34	60 Meters	T34					00:32	00:35
				00:21	00:23	T35	60 Meters	T35					00:29	00:32
					00:27	T35a	60 Meters	T35a						00:32
				00:19	00:21	T36	60 Meters	T36					00:28	00:30
				00:17	00:19	T37	60 Meters	T37					00:18	00:20
				00:17	00:18	T38	60 Meters	T38					00:17	00:19
0:00:15	0:00:14	00:15	00:17	00:19	00:21	T40	60 Meters	T40	00:17	00:15	00:17	00:19	00:21	00:23
0:00:15	0:00:14	00:15	00:17	00:19	00:21	T41	60 Meters	T41	00:17	00:15	00:17	00:19	00:21	00:23
					00:23	T42	60 Meters	T42						00:32
					00:19	T43	60 Meters	T43						00:23
					00:18	T44	60 Meters	T44						00:22
					00:17	T45	60 Meters	T45						00:23
					00:17	T46	60 Meters	T46						00:23
					00:17	T47	60 Meters	T47						00:23
			00:48	00:52	00:58	T51	60 Meters	T51			00:57	01:02		01:08
				00:27	00:29	T52	60 Meters	T52				00:38		00:41
					00:24	T53	60 Meters	T53						00:33
					00:22	T54	60 Meters	T54						00:27
					00:23	T61	60 Meters	T61						00:32
					00:23	T62	60 Meters	T62						00:23
					00:19	T63	60 Meters	T63						00:32
					00:18	T64	60 Meters	T64						00:22
					00:52	00:58	T71	60 Meters	T71				00:57	01:03
					00:53	03:58	T72	60 Meters	T72				00:58	04:03
						00:24	T90	60 Meters	T90					00:33
					00:21	00:23	T91	60 Meters	T91				00:29	00:32
0:01:03	0:01:03	01:03	01:19	01:35	01:45	Pwr. Chair	60Weave	Pwr. Chair	01:03	01:03	01:03	01:24	01:35	01:45
0:00:21	0:00:19	00:21	00:25	00:27	00:29	T11	100 Meters	T11	00:26	00:23	00:26	00:30	00:33	00:35
0:00:21	0:00:19	00:21	00:24	00:26	00:28	T12	100 Meters	T12	00:25	00:23	00:25	00:29	00:32	00:34
0:00:21	0:00:19	00:21	00:24	00:26	00:28	T13	100 Meters	T13	00:25	00:23	00:25	00:29	00:32	00:34
0:00:21	0:00:19	00:21	00:24	00:26	00:28	T20	100 Meters	T20	00:25	00:23	00:25	00:29	00:32	00:34
0:01:10	0:01:04	01:10	01:23	01:30	01:36	T31	100 Meters	T31	01:38	01:29	01:38	01:56	02:05	02:14
0:01:08	0:01:02	01:08	01:21	01:27	01:33	T32	100 Meters	T32	01:30	01:22	01:30	01:46	01:55	02:03
0:00:39	0:00:36	00:39	00:46	00:50	00:53	T33	100 Meters	T33	00:51	00:46	00:51	01:00	01:05	01:09
0:00:39	0:00:35	00:39	00:46	00:49	00:53	T34	100 Meters	T34	00:50	00:45	00:50	00:59	01:04	01:08
0:00:27	0:00:25	00:27	00:32	00:34	00:37	T35	100 Meters	T35	00:48	00:43	00:48	00:56	01:01	01:05
					00:47	T35a	100 Meters	T35a						00:58
0:00:25	0:00:23	00:25	00:30	00:32	00:35	T36	100 Meters	T36	00:32	00:29	00:32	00:38	00:41	00:44
0:00:23	0:00:21	00:23	00:27	00:29	00:31	T37	100 Meters	T37	00:29	00:27	00:29	00:34	00:37	00:40
0:00:23	0:00:20	00:23	00:27	00:29	00:31	T38	100 Meters	T38	00:29	00:26	00:29	00:34	00:36	00:39
0:00:25	0:00:23	00:25	00:29	00:32	00:35	T40	100 Meters	T40	00:26	00:24	00:26	00:31	00:33	00:37
0:00:25	0:00:23	00:25	00:29	00:32	00:35	T41	100 Meters	T41	00:26	00:24	00:26	00:31	00:33	00:37
0:00:28	0:00:26	00:28	00:33	00:36	00:38	T42	100 Meters	T42	00:35	00:32	00:35	00:41	00:44	00:47
0:00:23	0:00:21	00:23	00:27	00:30	00:32	T43	100 Meters	T43	00:29	00:27	00:29	00:35	00:37	00:40
0:00:23	0:00:21	00:23	00:27	00:30	00:32	T44	100 Meters	T44	00:29	00:27	00:29	00:35	00:37	00:40
0:00:21	0:00:19	00:21	00:24	00:26	00:28	T45	100 Meters	T45	00:27	00:25	00:27	00:32	00:34	00:37
0:00:21	0:00:19	00:21	00:24	00:26	00:28	T46	100 Meters	T46	00:27	00:25	00:27	00:32	00:34	00:37
0:00:21	0:00:19	00:21	00:24	00:26	00:28	T47	100 Meters	T47	00:27	00:25	00:27	00:32	00:34	00:37
0:00:55	0:00:50	00:55	01:05	01:09	01:14	T51	100 Meters	T51	00:57	00:52	00:57	01:08	01:13	01:18
0:00:35	0:00:32	00:35	00:42	00:45	00:48	T52	100 Meters	T52	00:50	00:45	00:50	00:59	01:04	01:08
0:00:28	0:00:26	00:28	00:34	00:36	00:39	T53	100 Meters	T53	00:39	00:36	00:39	00:46	00:50	00:54
0:00:26	0:00:24	00:26	00:31	00:33	00:35	T54	100 Meters	T54	00:33	00:30	00:33	00:39	00:42	00:45
0:00:28	0:00:26	00:28	00:33	00:36	00:38	T61	100 Meters	T61	00:35	00:32	00:35	00:41	00:44	00:47
0:00:23	0:00:21	00:23	00:27	00:30	00:32	T62	100 Meters	T62	00:29	00:27	00:29	00:35	00:37	00:40
0:00:28	0:00:26	00:28	00:33	00:36	00:38	T63	100 Meters	T63	00:35	00:32	00:35	00:41	00:44	00:47
0:17:51	0:15:45	17:51	22:03	24:09	26:15	T64	100 Meters	T64	24:09	22:03	24:09	29:24	32:33	34:39
0:01:10	0:01:04	01:10	01:23	01:30	01:36	T71	100 Meters	T71	01:38	01:29	01:38	01:56	02:05	02:14
0:01:08	0:01:02	01:08	01:21	01:27	01:33	T72	100 Meters	T72	01:30	01:22	01:30	01:46	01:55	02:03
0:00:28	0:00:26	00:28	00:34	00:36	00:39	T90	100 Meters	T90	00:39	00:36	00:39	00:46	00:50	00:54
0:00:27	0:00:25	00:27	00:32	00:34	00:37	T91	100 Meters	T91	00:48	00:43	00:48	00:56	01:01	01:05
0:00:44	0:00:44	00:44	00:52	00:56	01:00	T11	200 Meters	T11	00:53	00:48	00:53	01:02	01:07	01:12
0:00:42	0:00:42	00:42	00:50	00:53	00:57	T12	200 Meters	T12	00:52	00:47	00:52	01:01	01:06	01:11
0:00:42	0:00:42	00:42	00:50	00:53	00:57	T13	200 Meters	T13	00:51	00:46	00:51	01:00	01:05	01:10
0:00:42	0:00:42	00:42	00:50	00:53	00:57	T20	200 Meters	T20	00:51	00:46	00:51	01:00	01:05	01:10
0:03:45	0:03:45	03:45	04:26	04:47	05:07	T31	200 Meters	T31	04:03	03:41	04:03	04:47	05:09	05:31
0:03:28	0:03:28	03:28	04:06	04:25	04:44	T32	200 Meters	T32	03:45	03:25	03:45	04:26	04:47	05:07
0:01:13	0:01:13	01:13	01:26	01:32	01:39	T33	200 Meters	T33	01:27	01:19	01:27	01:42	01:50	01:58
0:01:01	0:01:01	01:01	01:12	01:18	01:23	T34	200 Meters	T34	01:08	01:02	01:08	01:20	01:26	01:33
0:01:01	0:01:01	01:01	01:12	01:17	01:23	T35	200 Meters	T35	01:18	01:11	01:18	01:32	01:39	01:46
						T35a	200 Meters	T35a						
0:00:49	0:00:49	00:49	00:58	01:02	01:07	T36	200 Meters	T36	01:07	01:01	01:07	01:19	01:25	01:31
0:00:46	0:00:46	00:46	00:54	00:58	01:02	T37	200 Meters	T37	00:59	00:54	00:59	01:10	01:15	01:20
0:00:44	0:00:44	00:44	00:53	00:57	01:01	T38	200 Meters	T38	00:57	00:51	00:57	01:07	01:12	01:17
0:00:53	0:00:53	00:53	01:03	01:09		T40	200 Meters	T40	01:06	01:01	01:06	01:19	01:27	

0:00:53	0:00:53	00:53	01:03	01:09		T41	200 Meters	T41	01:06	01:01		01:06	01:19	01:27	
0:00:59	0:00:59	00:59	01:10	01:15	01:20	T42	200 Meters	T42	01:22	01:15		01:22	01:37	01:44	01:52
0:00:49	0:00:49	00:49	00:58	01:03	01:07	T43	200 Meters	T43	00:56	00:51		00:56	01:07	01:12	01:17
0:00:42	0:00:42	00:42	00:49	00:53	00:57	T44	200 Meters	T44	00:51	00:47		00:51	01:01	01:05	01:10
0:00:42	0:00:42	00:42	00:49	00:53	00:57	T45	200 Meters	T45	00:53	00:48		00:53	01:02	01:07	01:12
0:00:41	0:00:41	00:41	00:49	00:52	00:56	T46	200 Meters	T46	00:48	00:43		00:48	00:57	01:01	01:05
0:00:41	0:00:41	00:41	00:48	00:52	00:55	T47	200 Meters	T47	00:47	00:43		00:47	00:56	01:00	01:04
0:01:44	0:01:44	01:44	02:03	02:12	02:22	T51	200 Meters	T51	02:13	02:01		02:13	02:37	02:49	03:01
0:01:02	0:01:02	01:02	01:14	01:19	01:25	T52	200 Meters	T52	01:15	01:08		01:15	01:28	01:35	01:42
0:00:50	0:00:50	00:50	00:59	01:03	01:08	T53	200 Meters	T53	01:01	00:55		01:01	01:12	01:18	01:23
0:00:46	0:00:46	00:46	00:54	00:59	01:03	T54	200 Meters	T54	00:51	00:47		00:51	01:01	01:05	01:10
0:00:59	0:00:59	00:59	01:10	01:15	01:20	T61	200 Meters	T61	01:22	01:15		01:22	01:37	01:44	01:52
0:00:49	0:00:49	00:49	00:58	01:03	01:07	T62	200 Meters	T62	00:56	00:51		00:56	01:07	01:12	01:17
0:00:59	0:00:59	00:59	01:10	01:15	01:20	T63	200 Meters	T63	01:22	01:15		01:22	01:37	01:44	01:52
0:00:42	0:00:42	00:42	00:49	00:53	00:57	T64	200 Meters	T64	00:51	00:47		00:51	01:01	01:05	01:10
0:03:45	0:03:45	03:45	04:26	04:47	05:07	T71	200 Meters	T71	04:03	03:41		04:03	04:47	05:09	05:31
0:03:28	0:03:28	03:28	04:06	04:25	04:44	T72	200 Meters	T72	03:45	03:25		03:45	04:26	04:47	05:07
0:00:50	0:00:50	00:50	00:59	01:03	01:08	T90	200 Meters	T90	01:01	00:55		01:01	01:12	01:18	01:23
0:01:01	0:01:01	01:01	01:12	01:17	01:23	T91	200 Meters	T91	01:18	01:11		01:18	01:32	01:39	01:46
0:01:42	0:01:33	01:42	02:01	02:10	02:19	T11	400 Meters	T11	02:02	01:51		02:02	02:24	02:35	02:46
0:01:35	0:01:26	01:35	01:52	02:00	02:09	T12	400 Meters	T12	01:56	01:46		01:56	02:18	02:28	02:39
0:01:35	0:01:26	01:35	01:52	02:00	02:09	T13	400 Meters	T13	01:56	01:46		01:56	02:18	02:28	02:39
0:01:35	0:01:26	01:35	01:52	02:00	02:09	T20	400 Meters	T20	01:54	01:43		01:54	02:14	02:25	02:35
0:07:13	0:06:34	07:13	08:32	09:11	09:51	T31	400 Meters	T31	08:05	07:21		08:05	09:33	10:17	11:02
0:06:56	0:06:18	06:56	08:11	08:49	09:27	T32	400 Meters	T32	07:30	06:50		07:30	08:52	09:33	10:14
0:02:01	0:01:50	02:01	02:23	02:34	02:45	T33	400 Meters	T33	03:00	02:44		03:00	03:33	03:49	04:06
0:01:51	0:01:41	01:51	02:11	02:21	02:31	T34	400 Meters	T34	02:36	02:22		02:36	03:04	03:18	03:33
0:02:19	0:02:06	02:19	02:44	02:56	03:09	T35	400 Meters	T35	02:53	02:38		02:53	03:25	03:40	03:56
						T35a	400 Meters	T35a							
0:01:56	0:01:45	01:56	02:17	02:27	02:38	T36	400 Meters	T36	02:30	02:16		02:30	02:57	03:11	03:25
0:01:51	0:01:41	01:51	02:11	02:21	02:31	T37	400 Meters	T37	02:09	01:57		02:09	02:32	02:44	02:56
0:01:51	0:01:41	01:51	02:11	02:21	02:31	T38	400 Meters	T38	02:09	01:57		02:09	02:32	02:44	02:56
0:02:01	0:01:50	02:01	02:23			T40	400 Meters	T40	02:24	02:11		02:24	02:51		
0:02:01	0:01:50	02:01	02:23			T41	400 Meters	T41	02:24	02:11		02:24	02:51		
0:02:13	0:02:01	02:13	02:37	02:49	03:01	T42	400 Meters	T42	02:37	02:35		02:51	03:22	03:38	03:53
0:01:46	0:01:36	01:46	02:05	02:14	02:24	T43	400 Meters	T43	02:16	02:03		02:16	02:41	02:53	03:05
0:01:40	0:01:31	01:40	01:58	02:07	02:16	T44	400 Meters	T44	02:10	01:58		02:10	02:34	02:46	02:58
0:01:32	0:01:24	01:32	01:49	01:58	02:06	T45	400 Meters	T45	02:05	01:53		02:05	02:27	02:39	02:50
0:01:30	0:01:22	01:30	01:46	01:55	02:03	T46	400 Meters	T46	02:01	01:50		02:01	02:23	02:34	02:45
0:01:30	0:01:22	01:30	01:46	01:55	02:03	T47	400 Meters	T47	02:01	01:50		02:01	02:23	02:34	02:45
0:03:07	0:02:50	03:07	03:41	03:58		T51	400 Meters	T51	04:37	04:12		04:37	05:28	05:53	
0:02:06	0:01:55	02:06	02:29	02:41	02:52	T52	400 Meters	T52	02:10	01:58		02:10	02:34	02:46	02:58
0:01:37	0:01:28	01:37	01:55	02:03	02:12	T53	400 Meters	T53	02:05	01:53		02:05	02:27	02:39	02:50
0:01:28	0:01:20	01:28	01:44	01:52	02:00	T54	400 Meters	T54	01:51	01:41		01:51	02:11	02:21	02:31
0:02:13	0:02:01	02:13	02:37	02:49	03:01	T61	400 Meters	T61	02:51	02:35		02:51	03:22	03:38	03:53
0:01:46	0:01:36	01:46	02:05	02:14	02:24	T62	400 Meters	T62	02:16	02:03		02:16	02:41	02:53	03:05
0:02:13	0:02:01	02:13	02:37	02:49	03:01	T63	400 Meters	T63	02:51	02:35		02:51	03:22	03:38	03:53
0:01:40	0:01:31	01:40	01:58	02:07	02:16	T64	400 Meters	T64	02:10	01:58		02:10	02:34	02:46	02:58
0:07:13	0:06:34	07:13	08:32	09:11	09:51	T71	400 Meters	T71	08:05	07:21		08:05	09:33	10:17	11:02
0:06:56	0:06:18	06:56	08:11	08:49	09:27	T72	400 Meters	T72	07:30	06:50		07:30	08:52	09:33	10:14
0:01:37	0:01:28	01:37	01:55	02:03	02:12	T90	400 Meters	T90	02:05	01:53		02:05	02:27	02:39	02:50
0:02:19	0:02:06	02:19	02:44	02:56	03:09	T91	400 Meters	T91	02:53	02:38		02:53	03:25	03:40	03:56
0:04:20	0:03:56	04:20	05:07	05:31	05:54	T11	800 Meters	T11	05:22	04:52		05:22	06:20	06:49	07:18
0:03:45	0:03:25	03:45	04:26	04:47	05:07	T12	800 Meters	T12	05:22	04:52		05:22	06:20	06:49	07:18
0:03:45	0:03:25	03:45	04:26	04:47	05:07	T13	800 Meters	T13	05:22	04:52		05:22	06:20	06:49	07:18
0:03:45	0:03:25	03:45	04:26	04:47	05:07	T20	800 Meters	T20	05:22	04:52		05:22	06:20	06:49	07:18
0:10:06	0:09:11	10:06	11:57			T31	800 Meters	T31	10:06	09:11		10:06	11:57		
0:09:49	0:08:55	09:49	11:36			T32	800 Meters	T32	09:49	08:55		09:49	11:36		
0:04:37	0:04:12	04:37	05:28	05:53	06:18	T33	800 Meters	T33	05:30	05:00		05:30	06:30	07:00	07:30
0:04:13	0:03:50	04:13	04:59	05:22	05:45	T34	800 Meters	T34	05:11	04:42		05:11	06:07	06:35	07:04
0:06:37	0:06:01	06:37	07:50	08:26		T35	800 Meters	T35	06:56	06:18		06:56	08:11	08:49	
						T35a	800 Meters	T35a							
0:04:16	0:03:53	04:16	05:03	05:26		T36	800 Meters	T36	05:35	05:05		05:35	06:36	07:06	
0:04:07	0:03:45	04:07	04:52	05:15	05:37	T37	800 Meters	T37	04:49	04:23		04:49	05:41	06:07	06:34
0:04:07	0:03:45	04:07	04:52	05:15	05:37	T38	800 Meters	T38	04:49	04:23		04:49	05:41	06:07	06:34
					No Race	T40	800 Meters	T40							
					No Race	T41	800 Meters	T41							
0:03:57	0:03:35	03:57	04:40	05:01	05:23	T42	800 Meters	T42	04:26	04:02		04:26	05:14	05:38	06:02
0:03:57	0:03:35	03:57	04:40	05:01	05:23	T43	800 Meters	T43	04:26	04:02		04:26	05:14	05:38	06:02
0:03:57	0:03:35	03:57	04:40	05:01	05:23	T44	800 Meters	T44	04:26	04:02		04:26	05:14	05:38	06:02
0:03:38	0:03:18	03:38	04:18	04:38	04:58	T45	800 Meters	T45	04:14	03:51		04:14	05:00	05:23	05:46
0:03:38	0:03:18	03:38	04:18	04:38	04:58	T46	800 Meters	T46	04:14	03:51		04:14	05:00	05:23	05:46
						T47	800 Meters	T47							
0:05:58	0:05:26	05:58	07:03			T51	800 Meters	T51	09:14	08:24		09:14	10:55		
0:03:42	0:03:22	03:42	04:23	04:43	No Race	T52	800 Meters	T52	04:26	04:02		04:26	05:14	05:38	No Race
0:03:12	0:02:54	03:12	03:47	04:04	04:21	T53	800 Meters	T53	04:09	03:47		04:09	04:55	05:18	05:40
0:02:57	0:02:41	02:57	03:29	03:45	04:01	T54	800 Meters	T54	03:42	03:22		03:42	04:22	04:42	05:02
						T61	800 Meters	T61							
0:03:57	0:03:35	03:57	04:40	05:01	05:23	T62	800 Meters	T62	04:26	04:02		04:26	05:14	05:38	06:02
					No Race	T63	800 Meters	T63							
0:03:57	0:03:35	03:57	04:40	05:01	05:23	T64	800 Meters	T64	04:26	04:02		04:26	05:14	05:38	06:02
0:10:06	0:09:11	10:06	11:57			T71	800 Meters	T71	10:06	09:11		10:06	11:57		
0:09:49	0:08:55	09:49	11:36			T72	800 Meters	T72	09:49	08:55		09:49	11:36		
0:03:12	0:02:54	03:12	03:47	04:04	04:										

0:07:38	0:06:56		07:38	09:01	09:42		T37	1500 Meters	T37	10:24	09:27		10:24	12:17	13:14
0:07:38	0:06:56		07:38	09:01	09:42		T38	1500 Meters	T38	10:24	09:27		10:24	12:17	13:14
							T40	1500 Meters	T40						
							T41	1500 Meters	T41						
							T42	1500 Meters	T42						
0:10:01	0:09:06		10:01	11:50	12:44		T43	1500 Meters	T43	11:10	10:09		11:10	13:12	14:13
0:10:01	0:09:06		10:01	11:50	12:44		T44	1500 Meters	T44	11:10	10:09		11:10	13:12	14:13
0:07:24	0:06:43		07:24	08:44	09:24		T45	1500 Meters	T45	08:05	07:21		08:05	09:33	10:17
0:07:24	0:06:43		07:24	08:44	09:24		T46	1500 Meters	T46	08:05	07:21		08:05	09:33	10:17
							T47	1500 Meters	T47						
0:12:08	#REF!		12:08	14:20	No Race		T51	1500 Meters	T51	16:10	14:42		16:10	19:07	
0:07:51	0:07:08		07:51	09:17	10:00		T52	1500 Meters	T52	09:38	08:45		09:38	11:23	12:15
0:04:36	0:04:11		04:36	05:26	05:51		T53	1500 Meters	T53	05:47	05:15		05:47	06:50	07:21
0:04:36	0:04:11		04:36	05:26	05:51		T54	1500 Meters	T54	05:47	05:15		05:47	06:50	07:21
							T61	1500 Meters	T61						
0:10:01	0:09:06		10:01	11:50	13:39		T62	1500 Meters	T62	11:10	10:09		11:10	13:12	14:13
No Race	No Race						T63	1500 Meters	T63						
0:10:01	0:09:06		10:01	11:50	13:39		T64	1500 Meters	T64	11:10	10:09		11:10	13:12	14:13
							T71	1500 Meters	T71						
							T72	1500 Meters	T72						
0:04:36	0:04:11		04:36	05:26	05:51		T90	1500 Meters	T90	05:47	05:15		05:47	06:50	07:21
0:11:33	0:10:30		11:33	13:39	14:42		T91	1500 Meters	T91	13:52	12:36		13:52	16:23	17:38
0:15:20	0:13:57		15:20	18:08	19:31		T11	3000 Meters	T11	18:30	16:49		18:30	21:51	23:32
0:14:33	0:13:14		14:33	17:12	18:31		T12	3000 Meters	T12	17:33	15:58		17:33	20:45	22:21
0:14:33	0:13:14		14:33	17:12	18:31		T13	3000 Meters	T13	17:33	15:58		17:33	20:45	22:21
0:14:33	0:13:14		14:33	17:12	18:31		T20	3000 Meters	T20	17:33	15:58		17:33	20:45	22:21
							T31	3000 Meters	T31						
							T32	3000 Meters	T32						
0:19:33	0:17:47		19:33	23:07	24:54		T33	3000 Meters	T33	22:31	20:29		22:31	26:37	28:40
0:16:33	0:15:03		16:33	19:34	21:04		T34	3000 Meters	T34	20:50	18:56		20:50	24:37	26:31
0:23:06	0:21:00		23:06	27:18	29:24		T35	3000 Meters	T35	27:43	25:12		27:43	32:46	35:17
							T35a	3000 Meters	T35a						
0:19:57	0:18:08		19:57	23:34	25:23		T36	3000 Meters	T36	23:52	21:42		23:52	28:13	30:23
0:15:15	0:13:52		15:15	18:02	19:25		T37	3000 Meters	T37	20:47	18:54		20:47	24:34	26:28
0:15:15	0:13:52		15:15	18:02	19:25		T38	3000 Meters	T38	20:47	18:54		20:47	24:34	26:28
							T40	3000 Meters	T40						
							T41	3000 Meters	T41						
							T42	3000 Meters	T42						
0:20:01	0:18:12		20:01	23:40	25:29		T43	3000 Meters	T43	22:20	20:18		22:20	26:23	28:25
0:20:01	0:18:12		20:01	23:40	25:29		T44	3000 Meters	T44	22:20	20:18		22:20	26:23	28:25
0:14:47	0:13:26		14:47	17:28	18:49		T45	3000 Meters	T45	16:10	14:42		16:10	19:07	20:35
0:14:47	0:13:26		14:47	17:28	18:49		T46	3000 Meters	T46	16:10	14:42		16:10	19:07	20:35
							T47	3000 Meters	T47						
0:24:15	0:22:03		24:15	28:40			T51	3000 Meters	T51	#REF!	#REF!		#REF!	#REF!	
0:15:42	0:14:17		15:42	18:34	20:00		T52	3000 Meters	T52	19:15	17:30		19:15	22:45	24:30
0:09:12	0:08:22		09:12	10:52	11:42		T53	3000 Meters	T53	11:33	10:30		11:33	13:39	14:42
0:09:12	0:08:22		09:12	10:52	11:42		T54	3000 Meters	T54	11:33	10:30		11:33	13:39	14:42
							T61	3000 Meters	T61						
0:20:01	0:18:12		20:01	23:40	27:18		T62	3000 Meters	T62	22:20	20:18		22:20	26:23	28:25
							T63	3000 Meters	T63						
0:20:01	0:18:12		20:01	23:40	27:18		T64	3000 Meters	T64	22:20	20:18		22:20	26:23	28:25
							T71	3000 Meters	T71						
							T72	3000 Meters	T72						
0:09:12	0:08:22		09:12	10:52	11:42		T90	3000 Meters	T90	11:33	10:30		11:33	13:39	14:42
0:23:06	0:21:00		23:06	27:18	29:24		T91	3000 Meters	T91	27:43	25:12		27:43	32:46	35:17
0:26:15	0:26:15		26:15	26:15	26:15	26:15	T11	5000 Meters	T11	28:21	28:21		28:21	28:21	28:21
0:26:15	0:26:15		26:15	26:15	26:15	26:15	T12	5000 Meters	T12	28:21	28:21		28:21	28:21	28:21
0:26:15	0:26:15		26:15	26:15	26:15	26:15	T13	5000 Meters	T13	28:21	28:21		28:21	28:21	28:21
0:26:15	0:26:15		26:15	26:15	26:15	26:15	T20	5000 Meters	T20	28:21	28:21		28:21	28:21	28:21
							T31	5000 Meters	T31						
							T32	5000 Meters	T32						
0:16:38	0:16:38		16:38	16:38	16:38	16:38	T33	5000 Meters	T33	21:00	21:00		21:00	21:00	21:00
0:16:38	0:16:38		16:38	16:38	16:38	16:38	T34	5000 Meters	T34	21:00	21:00		21:00	21:00	21:00
0:26:15	0:26:15		26:15	26:15	26:15	26:15	T35	5000 Meters	T35	28:21	28:21		28:21	28:21	28:21
0:26:15	0:26:15		26:15	26:15	26:15	26:15	T36	5000 Meters	T36	28:21	28:21		28:21	28:21	28:21
0:26:15	0:26:15		26:15	26:15	26:15	26:15	T37	5000 Meters	T37	28:21	28:21		28:21	28:21	28:21
0:26:15	0:26:15		26:15	26:15	26:15	26:15	T38	5000 Meters	T38	28:21	28:21		28:21	28:21	28:21
							T40	5000 Meters	T40						
							T41	5000 Meters	T41						
							T42	5000 Meters	T42						
0:26:15	0:26:15		26:15	26:15	26:15	26:15	T43	5000 Meters	T43	28:21	28:21		28:21	28:21	28:21
0:26:15	0:26:15		26:15	26:15	26:15	26:15	T44	5000 Meters	T44	28:21	28:21		28:21	28:21	28:21
0:26:15	0:26:15		26:15	26:15	26:15	26:15	T45	5000 Meters	T45	28:21	28:21		28:21	28:21	28:21
0:26:15	0:26:15		26:15	26:15	26:15	26:15	T46	5000 Meters	T46	28:21	28:21		28:21	28:21	28:21
							T47	5000 Meters	T47						
0:16:38	0:16:38		16:38	16:38	16:38	16:38	T51	5000 Meters	T51	21:00	21:00		21:00	21:00	21:00
0:16:38	0:16:38		16:38	16:38	16:38	16:38	T52	5000 Meters	T52	21:00	21:00		21:00	21:00	21:00
0:16:38	0:16:38		16:38	16:38	16:38	16:38	T53	5000 Meters	T53	21:00	21:00		21:00	21:00	21:00
0:16:38	0:16:38		16:38	16:38	16:38	16:38	T54	5000 Meters	T54	21:00	21:00		21:00	21:00	21:00
							T61	5000 Meters	T61						
0:26:15	0:26:15		26:15	26:15	26:15	26:15	T62	5000 Meters	T62	28:21	28:21		28:21	28:21	28:21
							T63	5000 Meters	T63						
0:26:15	0:26:15		26:15	26:15	26:15	26:15	T64	5000 Meters	T64	28:21	28:21		28:21	28:21	28:21
							T71	5000 Meters	T71						
							T72	5000 Meters	T72						
0:16:38	0:16:38		16:38	16:38	16:38	16:38	T90	5000 Meters	T90	21:00	21:00		21:00	21:00	21:00
0:26:15	0:26:15		26:15	26:15	26:15	26:15	T91	5000 Meters	T91	28:21	28:21		28:21	28:21	28:21